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## The Advocate, February 3, 2015

Minnesota State University Moorhead

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# Briefs

## CAMPUS CALENDAR 2.3-2.9

2.3	11 a.m., Volunteer and Service Fair, CMU Ballroom	2.7	4 p.m., Korea Night, CMU 214
2.4	11:30 a.m., Dragon Fan Luncheon, CMU Ballroom	2.8	2 p.m., Planetarium Show “Cosmic Colors,” BR 167
	3 p.m., International Cafe, CMU 203	2.9	Noon, Sing Our Rivers Red Exhibition, NDSU Memorial Gallery
2.5	7:30 p.m., Discussion: Standards of Beauty, CMU 101		7 p.m., Planetarium show “Cosmic Colors,” Bridges 167
2.6	7 p.m., International film series viewing, BR 162		

## SENATE UPDATE 1.29 Meeting

- Approved core values of leadership, advocacy and commitment to school and students
- Senators heard reports from MSUSA and senate members
- Senate budget approved
- Campus Affairs gave report regarding the Fargo Marathon route running through campus this year

*Students are invited to attend Senate meetings Thursdays at 6 p.m. in CMU 205.*

## SECURITY UPDATE 1.23 -1.29

1.23:	1.27:
• Theft reported in MacLean	• Theft in Wellness Center, report made with Moorhead PD
1.24:	1.28:
• Marijuana odor in West Snarr. Moorhead PD responded, no citation issued, but one referred to OSCAR for possession of small amount of marijuana and paraphernalia	• Marijuana odor in Grantham. Moorhead PD cited one for possession of drug paraphernalia , referred to OSCAR

**Safety Tip of the Week**  
To report a problem, contact Public Safety at 218-477-2449.

**Go online, Tweet or text to vote for MSUM to win up to \$100,000 in the STANLEY Security Together for Safer Schools Grant Program. Cast your vote daily until Feb. 13th.**

The Advocate

Minnesota State University Moorhead  
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The Advocate is published weekly during the academic year, except during final examination and vacation periods. It serves as a voice for students and an outlet for information important to them.

Opinions expressed in The Advocate are not necessarily those of the college administration, faculty or student body.

The Advocate encourages letters to the editor. They should be typed and must include the writer's name, signature, address, phone number, year in school or occupation and any affiliations. Letters are due by 5 p.m. Friday and can be sent to MSUM Box 130, dropped off at The Advocate office in CMU Room 110 or emailed to us at [advocate@mnstate.edu](mailto:advocate@mnstate.edu). The Advocate reserves the right to edit letters and refuse publication of letters omitting requested information. It does not guarantee the publication of any letter.

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The Advocate is always looking for talented writers, photographers, columnists and illustrators.

Contact the editor for more information or attend staff meetings on Sunday evenings.

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# MSUM Briefs

### New Public Safety Director joins MUSM

Chris Nelson has begun his new duties as MSUM’s Director of Public Safety. Nelson has 15 years of experience in emergency and facility management and 13 years of experience teaching and implementing facility safety and emergency preparedness programs.

“I am pleased to welcome Chris to our campus community and the President’s Cabinet,” said President Anne Blackhurst. “His experience and leadership capabilities will be invaluable as we continue to enhance the safety and security of our campus. I am confident that under his direction Public Safety will be an active and engaged partner in supporting our educational mission.”

Most recently, Nelson worked at the Hennepin County Department of County Corrections and Rehabilitations. In addition, Nelson was

a fire captain/safety officer for the Metropolitan Airport Commission, Bloomington, MN, emergency manager for Fairview Hospital System, Minneapolis and has served as a search and rescue command task force officer and firefighter. Nelson has a B.S. degree in Engineering/Design Technology from Bemidji State University and is completing an M.S. in Public Safety Leadership from Capella University.

### February Fitness Challenge begins Feb. 2

Your MSUM Wellness Educators challenge you to participate in February Fitness month. Workout or participate in group exercises at least four days a week for 30 minutes and be eligible to win weekly prizes. If you complete the challenge every week, you will be eligible to win a grand prize. Pick up your fitness card packets at the Wellness Center, have a Wellness

Center employee or fitness instructor sign your card after your workout, and turn in your fitness card to Hendrix Health Center by the following Monday before 4 p.m. to be eligible for prizes.

### Sing Our Rivers Red to raise awareness for missing and murdered indigenous women

An week of events aimed at bringing awareness to colonial gender based violence in the United States and Canada will take to all three tricollege campuses Monday, Feb. 9 – Saturday, Feb. 14. The events include an art exhibition at NDSU, a concert featuring Mic Jordan and Frank Waln also at NDSU, an “Arming Sisters” workshop at MSUM, an honoring event at Concordia, and a rally and march. Numerous events offer free food. Visit the Facebook page “Sing Our Rivers Red (SORR) Events/Exhibition” for more information.

# World News

### Ahmadinejad Launches a Website

Mahmoud Ahmadinejad, the former president of Iran, has launched a website ahead of next year’s parliamentary elections. The website launch is seen as an attempt to begin a political comeback even in the face of a recent corruption scandal. The website, [ahmadinejad.ir](http://ahmadinejad.ir), opened on Sunday featuring a huge photo of the former leader wearing a giant grin with the slogan, “We will come soon.” Ahmadinejad was known in the West for his hard-line stances and outlandish statements on destroying Israel and questioning the Holocaust.

### Al Jazeera Journalist Freed

Peter Greste, the Al Jazeera journalist imprisoned in Egypt for 400 days on charges of aiding a terrorist group, will be deported to his native Australia on Sunday. The fate of his two colleagues, Mohamed Fahmy and Baher Mohamed, is still unknown. Greste, along with his colleagues, was represented by Amal Clooney, the new wife of actor George Clooney. In response to Sunday’s news, Al Jazeera released a statement calling for the release of the remaining imprisoned journalists, declaring, “The Egyptian authorities

have it in their power to finish this properly today, and that is exactly what they must do.”

### Toddler Shoots Pregnant Mother, Father

A three-year-old boy from New Mexico shot and wounded his parents on Saturday while reaching into his pregnant mother’s purse for her iPod, police say. The toddler fired one shot which hit his father in the right buttock. The bullet went through his hip and hit the mother, who is eight-months pregnant, in the arm. The incident occurred in a room at the America’s Best Value Inn. Another 2-year-old girl was present during the shooting. “If you are going to be a gun owner, you need to lock it up and keep it safe, especially around children,” said the Albuquerque police spokesman.

### Creator of ‘the Pill’ dies at 91

Carl Djerassi, the chemist known as the creator of the birth control pill died at his home in San Francisco on Friday at the age of 91. Djerassi, who came to America at the age of 16 as an Austrian Jewish refugee, synthesized the hormone that changed the world by creating the key ingredient in

oral contraceptives. He died of complications from liver and bone cancer.

### ISIS Reportedly Kills Japanese Captive

ISIS militants have reportedly beheaded captive Japanese journalist Kenji Goto, based on a video posted on jihadi websites on Saturday, the Associated Press reported. Unlike previous videos featuring Goto, this one purportedly included the trappings of ISIS, which calls itself the Islamic State. The video has not been independently verified, but talks between Japan, Jordan and the terrorists have reportedly been deadlocked, with ISIS demanding the release of Sajida al-Rishawi, a failed female suicide bomber who attacked a wedding party in Amman, Jordan in 2005. ISIS is also holding a Jordanian fighter pilot, Lt. Muath al-Kaseasbeh, who they threatened to kill by Thursday if al-Rishawi was not released. The Jordanian government was reportedly willing to release the woman in exchange for both captives, but have not received any proof that al-Kaseasbeh is still alive. With the release of today’s video, hopes are fading for the pilot’s fate.

World and MSUM briefs from [dailybeast.com](http://dailybeast.com), **Dragon Digest** and submissions to [advocate@mnstate.edu](mailto:advocate@mnstate.edu).

### Now Hiring: Full-Time Reporter

The Hillsboro Banner in Hillsboro, N.D. is looking for a full-time reporter to cover sports and news for our weekly publication. The Banner won more than 60 awards in the 2014 NDNA Better Newspaper Contest and a Best of the Dakotas award in 2013. We’re small, but we pack a punch.

Candidates should be familiar with AP style and not want to hyphenate phrases like “a locally owned business.” To apply, send a cover letter, resume and writing samples to: Hillsboro Banner, c/o Cole Short, PO Box 39, Hillsboro, ND 58045 or email materials [tohbanner@rrv.net](mailto:tohbanner@rrv.net).



# Opinion

## Obama's two-year college plan a step in the right direction



**BY ALEXANDRA TOLLEFSON**  
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Whenever I go home to my mom, we sit for hours and just catch up. We don't often get a chance to talk while I'm here at MSUM, so these are always nice bonding moments for us. Though, one subject that always seems to come up is finances.

How much money do we still have left to pay for schooling? Enough for next semester? The semester after that? What scholarships are available? What kind of income can we expect during the summer months when I'll be able to work more?

It's a lot to think about, especially when you pile on a job, five classes, a lab, extracurriculars, a social life, a private life, and (hopefully) time to eat and sleep.

With money almost constantly on my mind, President Obama's proposal for free two-year college tuition really intrigued me. Of course, there's an argument for both sides, but I truly believe this is a start in the right direction when it comes to higher education, and education in general, in the United States.

Here's the gist of Obama's

proposal: students who maintain at least a 2.5 GPA and who are working toward a degree at a two-year institution would have their tuition waived. The plan would cost about \$60 billion over 10 years, according to CBS, with the federal government paying for three-fourths of it and states pitching in for the rest. This plan would ease the financial burden of as many as 9 million students, and make two-year colleges "as free and universal as high school is today."

Some are dismissive of the idea, mostly because of the program's cost. However, freshman Austin Hendershot, has different reservations. He's more worried about four year institutions like our own.

"I'm worried that people will take full advantage of the plan and then just stop there," he told me.

He furthered this argument by pointing out the repercussions for four-year schools. If more people opt for the free two-year college instead of paying full price for the four-year college, universities like MSUM may have to raise prices to cover the lack of cash inflow, making college even more financially stressful.

He makes a good point. It's definitely something that would need to be considered, among other issues. But, as freshman Laramie Jackson put it, "I do not want to live in a nation full of idiots. I'm all for it."

Although he may have lacked some tact in that statement, I can't say I don't agree with Laramie. America's test scores haven't been great in a long time, and we lack a skilled workforce to fill the job openings we're creating.

Putting money into a field like education should never be a problem, and yet, the GOP seems

to want to make it one. Education is one of the most important issues in politics. Unless we want to go back to being shepherders and farmhands, we as a nation need a good education system. We need to be able to present our people affordable choices in higher education. If that raises some taxes, so be it. It's an investment, not an expense. We spend more on our military than China, Russia, Saudi Arabia, France, the United Kingdom, Germany, Japan, and India combined: \$640 billion, or about 20 percent of the national budget as of 2013. If we just decreased that spending by one percent for the next 10 years, we'd have more than enough leg room in the national budget to cover this plan.

I don't ever want someone to be unable to go to college because of their finances. I don't want to live in a country that isn't willing to give its people good, affordable education options. The President's proposal is a solid step in the right direction when it comes to educational reform. It will relieve many families from financial burdens, as well as strengthen our workforce and boost our economy in the long run.

This plan may even lead us down the path of many European countries that already offer free tuition for university.

Think about how many people you know who couldn't afford college, or who didn't want to end up in a mountain of debt. Think of all the opportunities something like this could provide for us. It's an exciting possibility, but one we may likely never see if half of our governing officials can't even bear the thought of free two-year college. Still, I'm hopeful that America is getting on the right track in the field of education.

## Beyond the new year: making resolutions last



**CRYSTAL BRANDEN**  
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We all know the tradition of making resolutions for the New Year. Aspirations and goals flood our newsfeeds, and everyone feels the need to share what they want to achieve.

Most of our resolutions are based on what we would like to happen during the New Year, but common resolutions like losing weight, getting more sleep or balancing your checkbook often get either forgotten or abandoned. Resolutions have a low survival rate, and more often than not, they make you upset when you inevitably fail to meet them. So why continue?

It is thought that New Year's resolutions first became popular among the ancient Babylonians. They were often promises to earn the favor of the gods and start the year off on the right foot. The Babylonians would promise things similar to what we resolve to do today. For example, they would promise to be kind to those around them, vow to return borrowed equipment, or to pay their dues.

Nowadays we usually aren't resolving to please gods, but more commonly make resolutions for ourselves. Though, I still question why we continue

to set goals if we often do not meet them

Sure, it is in our human nature to hope, and although that is great, our resolutions should not be made just because a new year is beginning.

We are a society that pushes each other to keep moving forward, and goals are already hard enough to meet as it is. Goals take a lot of determination to not only follow through, but to remain positive about meeting as well.

Though the New Year does bring about a sense of wanting a change or a take-charge attitude, commonly around the end of the first month that attitude starts to wane.

If you really want to make a change in your life, it should be for yourself – not just because it's the new year. Anything worth doing is done because it is seriously wanted. If you are truly intent about meeting a goal, lacking motivation can still take away from your ability to achieve it.

The traditional New Year's resolutions are a common facet of our society. With many resolutions being forgotten or completely given up, continuing to make these resolutions does not seem to make sense. Although we are people of hopes and dreams, resolutions tend to put us down instead of enlightening us.

So, instead of making a resolution that won't be met, why not focus on something you have always wanted to do? Don't promise yourself you will do it for certain, because that just creates more pressure.

Embrace life and do something for yourself. If you are passionate enough about it, you can reach your goals whether it's Jan. 1 or Aug. 2.

## The "Dryathalon": a month without alcohol



**BY KIT MURRAY**  
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Recently, I discovered that in England (where I am) being sober is encouraged for the first 31 days of the year – better known in the UK as "Dry January" or even the "Dryathalon."

Putting this into perspective, try going a month without something that you are actively involved with, and you'll probably find it pretty difficult. It's like Lent in a way, but if living in England has taught me anything, it's that alcohol is not something anyone wants to live without.

After being here for only about two

weeks, I've discovered many things about its culture, including what not to do at the grocery store, and that being American is exotic, apparently.

What has shocked me more than anything, though, is how often they drink. It's almost as if it's coming straight from the faucet, and no other form of hydration exists. If I were to ask anyone here if they've participated in Dry January and how they were doing, I could only anticipate the moans and groans I would receive in response.

Mark Mullens, a media production student at the University of Lincoln told me, "I stopped drinking for a few months a while back. I had to due to complications with my body, but it helped me realize the benefits of not drinking."

Even if you're a homebody like I am, it's hard not to succumb to the pressure of going out with friends and enjoying a few drinks or trying to socialize and meet others. It's an activity that our culture definitely enjoys. But, it can certainly have its disadvantages.

"If I had to go a month without alcohol, I'd be fine. I do it socially; it's not something that I depend on. I could easily go out and not drink if something came up. It all centers around having self-control.

"But drinking with close friends builds camaraderie," Alex Brezina, educational leadership major at NDSU, said. "It boils down to just being responsible."

British students at Lincoln are especially amazed when we tell them that drinking before 21 is not allowed anywhere in the States. It's something that's hard for them to swallow, because we can do almost anything else before 21.

But quitting drinking's not easy for people under 21, either. The main struggle I've come across is realizing that no matter how many times it happens, seeing friends go out to celebrate and having to stay behind at home can be heartbreaking.

It's interesting that alcohol can have benefits too. We put that out of our minds when we over-analyze and think drinking sounds like a terrible idea. Beer, full of hops, provides a great source of vitamins and minerals derived from flavonoids, which are also commonly found in tea and coffee.

Though good and bad sides exist in everything, I think giving up alcohol for at least a month helps a person step back and realize how it can affect their life. It's an especially interesting challenge for the average college student.



Interested in being a columnist or cartoonist?

**The Advocate wants you!**

Contact Kristin at millerkr@mnstate.edu.





# New album “You, Whom I Have Always Hated,” a “cacophonous hell” that satisfies

PITCHFORK

“You, Whom I Have Always Hated” is a collaborative metal album from The Body and Thou.

BY LOUIS JOHNSON  
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It’s not often that I would equate listening to an album with traumatic injury, but in the case of the new album from metal groups The Body and Thou, it’s the sonic equivalent of being hit by a freight train.

“You, Whom I Have Always Hated” is the second collaborative release from two heavyweights in the world of extreme music. A follow up to their 2014 album “Released from Love,” the new tracks are best described as a descent into madness.

For those unfamiliar with the groups, Thou is a doom metal band from Baton Rouge, La. who have become notorious for their relentless output, turning out multiple releases almost every year since their inception, mostly in the form of EPs and splits. Their discography adds up to a total of 30 releases over the course of 10 years.

They had an incredibly successful year in 2014 with the release of their fourth, full length “Heathen.” The album received much critical acclaim and landed the top spot on Pitchfork Magazine’s Best Metal Albums of 2014.

The Body is an experimental metal group from Portland, Ore. who dabble in sludge metal and noise. They’ve made a name for themselves creating huge, immersive and utterly terrifying soundscapes. 2014 was also a big year for The Body as they released their album “I Will Die Here” to much critical acclaim. To top the year off, they set out on a U.S. tour with Thou in support of both their albums and their collaborations.

The new release kicks off with slow, rumbling drums that eventually get washed over in feedback and distorted guitars, creating the maddening noise of “Her Strongholds Unvanquishable.” Cymbals are mercilessly smashed and the guitars create a wall of noise over the sound of Thou singer Bryan Funck screaming like a trapped animal.

Then enters The Body’s vocalist Chip King, who sounds like something between a man set on fire and a wolf howling at the moon. The noise conjures up the feeling

of being locked in a cage. It’s complimented nicely by the record’s lyrical content, as being trapped is a common theme in Funck’s song writing. In the track, Funck writes of illusions created to be interpreted as reality, and the subjects of the song devote their livelihood in these illusions. When the truth is revealed as to what the subjects have invested themselves in, they are left with nothing. This metaphor alludes to people who invest all their time in illusions constructed by society, like wealth and social status, rather than things with inherent value.

The second track “The Devils of Trust Steal the Souls of the Free” incorporates less noise than the first and carries Thou’s traditional doom metal sound. But with the addition of The Body, this song contains some of the most sludgy and nasty doom metal I’ve heard in a while. It’s somewhat of a love song, although it is grim in typical Thou fashion. The lyrics describe a love that has died over time. A pair has formed a bond of trust with each other at the cost of their free spirits, and over time their bond has withered, leaving them without love or freedom.

The third track was a pleasant surprise, as it turned out to be a cover of Nine Inch Nails’ “Terrible Lie.” How appropriate that Thou and The Body, in their album littered with industrial sounds, cover a song by NIN, which of course is credited with bringing industrial music into the mainstream. The cover takes what NIN did in 1989 and builds on it tenfold by adding many extra layers of sound so that it leaves the original song sounding puny in comparison. Once again the noise and electronics of The Body come through on this track, creating this cacophonous sound that terrifies the listener.

The following track, “Beyond the Realms of Dream, That Fleeting Shade Under the Corpus of Vanity” once again hits the listener with drums, noise and distorted guitars, although this time the song is a bit more up tempo. Lyrically, the track explores death and the release that is found in it.

Another common theme that appears in Funck’s writing is his dissatisfaction with humanity. The phrase in the

song title “Beyond the Realm of Dreams” alludes to death, and the latter half of the title “That Fleeting Shade Under the Corpus of Vanity” refers to first the fleetingness of existence and second the vanity that shapes our ego, which in turn forms one’s identity. The track describes how after death, once vanity, ignorance and ego die, all that is left is the flesh.

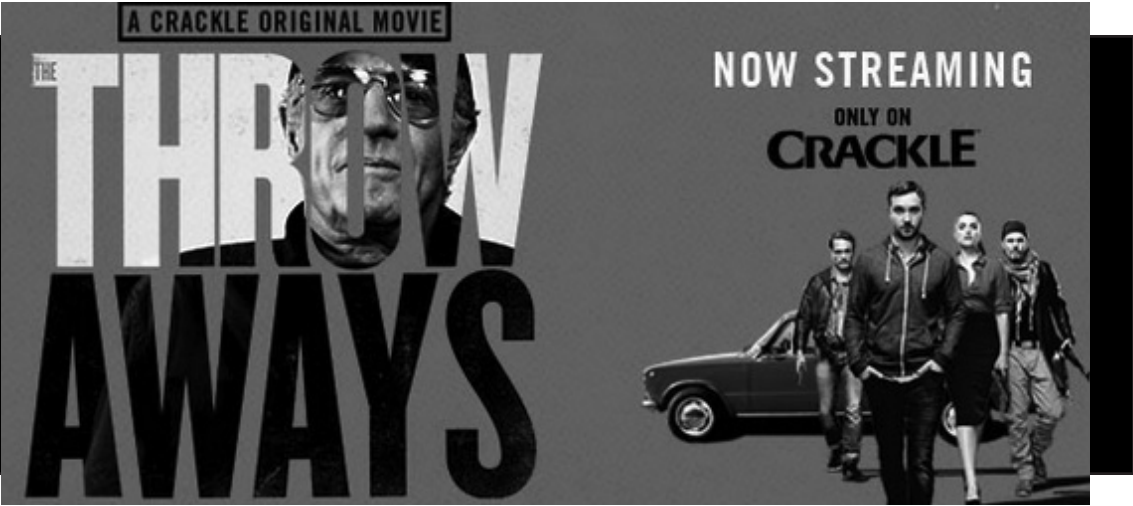
The fifth track is the interlude “He Returns to the Place of His Iniquity.” Although there are no lyrics, the song title perfectly describes the feeling conveyed. It feels like a scene in which the perpetrator of a horrible act has returned to the site of his crime to bask in memories of wickedness.

Then comes the closer “Lurking Fear,” to punish for the two minutes of calm in the interlude. I know I’ve already said it about every other track on this album, but this song is incredibly loud. Lyrically, it explores Funck’s recurring theme of imprisonment in oppressive social and political systems. This time it is imprisonment through pedigree, for the song speaks of countless sons who are forced to or willingly following in their fathers’ footsteps, continuing their ancestors work, unable to break the law of those who came before. As the last lines go, “For I am him, and he is me, until the end of time.” The song’s end returns to music from the interlude track, alluding to an immorality passed from generation to generation.

Calling this album heavy would be an understatement. This isn’t an album; it’s a force of nature. Its a hurricane demolishing everything in its path. It’s a giant guillotine. It’s a 100 mile per hour car collision. Heavy doesn’t begin to describe the crushing depths this music exists in. The noisiness of Thou and The Body complement each other well, and they create a cacophonous hell from which there is no escape. When the album ends, you’ve been pummeled to death for 26 minutes, but it still leaves the listener wanting more. Its short length is satisfying, but leaves the impression that the best work between these two has yet to come, and I eagerly anticipate the next auditory barrage they have to offer.

# Reviewer deems “The Throwaways” not worth the time

Release of “The Throwaways” was pushed back to Jan. 30 following the Sony hack.



FACEBOOK

BY ANDY WESTON  
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“The Throwaways”: Never has a movie been more aptly named.

If you were to play a drinking game where the idea was to take a shot every time you rolled your eyes at a film’s lapse in logic, watching “The Throwaways” would have you blitzed before the 20 minute mark.

Sam Huntington (“Being Human”, “Superman Returns”) plays Drew Reynolds, an elite hacker who is tasked by the CIA, specifically Lt. Col. Holden (James Caan), to help them locate a lost “key” that allows access to a program that can let anyone who uses it hack power plant controls, airlines and all other sorts of ridiculous things.

Once Reynolds agrees to help thwart the terroristic threats to the world, he is given the go ahead to assemble his team. In this group of

walking clichés are actors Kevin Dillon, Katie McGrath and Christian Hillborg.

None of the actors involved are bad at their craft, but they are given very little to do here. Dillon plays the violence-loving soldier who was demoted to an office job, McGrath is a tough agent who never gets taken seriously because of her good looks, and Hillborg is the moustached buffoon who runs from any less-than-simple situation.

Huntington plays his normal, socially awkward self, as he has for most of his career. He does a good enough job making Drew likeable and is believable as a hacker.

However, Caan and McGrath are both wasted in roles that require next to no effort. Caan, plays the gruff senior who is “too old for this shit,” and McGrath plays it fairly straight as a tough woman looking for her shot to get in with the boys.

The only rays of light that shine through are Dillon and, especially, Hillborg. The fact that the audience isn’t meant to see them as anything more than walking gags actually helps their case. The characters have a prior history of working together that lends itself to a lot of humor. Luckily, the actors share the chemistry needed to pull off the dynamic.

The film was produced for distribution on Crackle, so no one should be expecting high production value in the first place, but you wouldn’t be alone in mistaking this for a cable TV movie. The stunt work and cinematography are just south of something you would find on the USA Network.

Budgetary issues aside, there is no excuse for the low-quality writing and directing on display here.

A highlight is when the four “Throwaways” are tailing a broker

who is trying to sell a key to the world-ending program.

Each actor is seen clearly talking into their sleeves or shirt collar, sometimes mere feet away from the target. Now, I’m no expert at counter-surveillance, but if the man who just made my coffee began to talk into his shirt while no one else was near him, it would seem at least a little strange. To top this all off, Hillborg’s character proceeds to follow the broker, who is on foot, in his noisy clunker of a car. Is the car back a ways, out of sight? Of course not; that makes too much sense. Instead he drives right alongside him, eluding all detection.

I know that most spy films require a suspension of disbelief, but there comes a point when too much is just too much, which happens more than its share in this film. A computer program that can hack random gas lines? Check. A terrorist

threat coming from Belgium? Sure. At least it’s original. A romantic relationship built up over only five minutes of screen time? Why not? Who wouldn’t be invested? And, last but not least, great one-liners like “Shalom, mother\*&ers” in spades.

The most surprising and interesting things about this movie come during the credits. It’s then that you realize it took two people to write it and that Jeremy Renner (“The Avengers”) produced it. Of all the scripts that go through his hands, one has to wonder why he decided to turn this one into a reality.

There aren’t many new releases in theaters this weekend, and even though “The Throwaways” is available for free, I suggest you pick up a book instead, and have yourself a nice read. The one thing this film can take from you is your time, and you can never get that back.



## Fargo story slam offers stage for true storytelling

"The Tell" offers a stage for community members to share raw, genuine stories.

**BY ELLEN ROSSOW**  
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In recent years, the Fargo-Moorhead area has positioned itself as a community that celebrates the arts. With beautiful museums, theatrics in high schools, colleges and community theatres, first-rate movie theaters, local bands, the Studio Crawl, the FM Opera and much more, it seems the area is well on its way.

However, in the midst of all the paint, music and drama, the self-proclaimed uncreative Laura Egland begged the question, "what about people like me?"

Her answer: "The Tell," a downtown Fargo story slam competition. "The Tell" is a place for members of the FM community to express themselves, meet their neighbors, and most importantly, share their stories in a raw, genuine way.

"The art of storytelling and the theatrics that go into it bore me senseless," Egland said. "But if a normal person wants to tell me one of their stories, I'm in."

During its initial creation, this idea was the cornerstone of "The Tell." Now in its third season, it has proven to be much more.

"The community part of 'The Tell' is really the basis of it now," Egland said. "'The Tell' has opened up an understanding of my neighbors and my community in a way that I don't

know I would have encountered."

Not only does "The Tell" offer an open stage for many, but it serves as a healthy dose of competition as well. At the beginning of each "Tell," anyone interested in performing puts their name into a hat, and then eight individuals are drawn. Those "tellers" then have their chance to shine in front of a panel of judges. The winner moves on to the Tell-Off in April.

Tellers can lose points for going over their six minute time limit, or gain points for telling a story that has to do with the event's theme, which changes each time. The theme can be interpreted by all tellers differently.

All of the performances are videotaped and put on YouTube for anyone to see. There is also an option for online voting, which will send one of the runners up from this years Tells to the Tell-Off in April.

A hater of rules, Egland stressed that there aren't many when it comes to "The Tell," but the stories must be true and a Teller can't "get up there and do whatever from high school."

With a lack of rules, and a cash bar, it isn't surprising the stories are generally tailored for a mature audience. Egland specifically said shows include "a lot of blow job jokes and talk about genitals," but humor isn't necessary, in fact all kinds of stories are encouraged.

"It's the pain that binds us," Egland said.

"The Tell" seeks diversity in its audience and its Tellers.

"The more diverse the happier I am," Egland said, adding how a homeless man once took the stage.

While "The Tell" is unique to the area, it is not an original idea.

Egland first thought to bring "The Tell" to Fargo while enjoying "The Moth," a podcast out of New York City that teaches people how to tell stories without all the theatrics. After listening for years, Egland decided it was time to take her own spin on it.

According to Egland, there are other story slams worldwide and throughout history.

"I like to think in ancient times there were lions involved," she joked.

The next "Tell" will take place this Thursday in Studio 222 in downtown Fargo. Doors open at 7, but seating is available on a first-come-first-serve basis and all reserved seating has been sold out. Tickets are \$5 for college students with an ID or \$10 for others. Attendees will be carded at the bar, but do not have to be 21 to enter the event. For those interested in being placed in the drawing to perform, the theme for this event is "Swing and A Miss."

Egland encourages those interested to like "The Tell" on Facebook, check out their website at thetelfargo.com and vote for Tellers in the "People's Choice" tab on the site or via YouTube.



FACEBOOK

## "Fantastic" new dance album celebrates three years of tunes

Four Tet embraces dance music under the alias "Percussions."

PITCHFORK

**BY CAMERON SEIBOLD**  
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"Percussions" is the dance music alias of Kieran Hebdan, best known by his moniker Four Tet. As Four Tet, Hebdan has spanned a broad range of computer based productions in the past 17 years: playful hip-hop and jazz influenced arrangements,

folk and electronic mash ups, garage and techno influenced dance music and collaborations with artists like Burial, Thom Yorke of Radiohead and late jazz drummer Steve Reid. He is also known for his lively improv driven performances of original music as well as his work as a DJ and remixer. His resume is seemingly endless, and it doesn't appear that he's slowing down anytime soon.

"2011 until 2014" is a collection of tracks that he has released on his dance music label "Text records" over the past three years, as well as a few extra tracks made in the same time period.

Stylistically, it should come as no surprise to avid Four Tet listeners, as his past releases of "Pink" and "Beautiful Rewind" have been pushing toward a progressive, organic, techno and garage infused style, influenced by underground UK dance music trends of the past and present, but the new alias "Percussions" definitely signifies an audible change of pace for Hebdan.

Previous releases have always had an experimental, playful element, but these releases as "Percussions" are much more rhythmically straightforward with to-the-floor tunes, which is in no way saying that it is boring or predictable. There's not a single ennui-inducing track on this compilation. Every song, ranging from two to eight minutes long, is engaging, gorgeous, fun and most importantly, incredibly dance inspiring.

The wispy clicks and rhythmic textures that start the first track imply the beat minutes before the percussion hits, gently inviting the listener into the dance tempo before it even begins. Trademark elements like the tom-tom drum that rises in pitch and repetitive choppy synth chords embellish the sound.

The track "Blatant Water Cannon" starts off with a chopped up, delay soaked sample, followed by booming kicks and

shuffling garage hats and block snares, building into a soulful vocal sample and a dreamy swimming synth patch. Breaks into the simple raw beat at the core of the track give the listener a glimpse into Hebdan's genius knowledge of how to make people move.

On track "KHLHI" we hear chopped up vocal bits layered on top of a beat constructed with a jazzy hi-hat and wandering bassy blips similar to acid techno. The vocal sample stutters rhythmically, leading into the full sample of Syreeta Wright's "Keep Him Like He Is" that serves as a kind of breakdown — forget dub step, imagine the beat dropping into a lush loop of early '70s Motown soul. These kind of creative ways around dance music's tropes are what make Four Tet an incredibly fantastic and innovative dance music producer. His vast knowledge of music and experience in many genres allows him to shed the trends and use sounds and influences no one else would think of.

Another great example of using very unique samples in dance music is in the background of track "Bird Songs." It's about as close to a traditional techno beat as the album comes to, but has layers of, you guessed it, bird songs and flapping wings layered on top. As intense as the beat is, the organic sounds of nature and the rhythmic qualities of the main elements turn it into something tranquil and meditative.

If it's not obvious enough, I'm personally a big fan of Four Tet's work under any moniker he chooses. His vast variety of work, whether it is jazz, "folktronica" or pirate-radio themed new age music. His ability to consistently progress and express his own unique eclectic style lands him in my top four favorite artists. Maybe I'm a bit biased, but hey, who doesn't have preferences?

"2011 until 2014" is a fantastic compilation of dance tracks that showcases three years of creative efforts by a renaissance man of electronic production. These 11 club-forward offerings are consistent with Hebdan's main body of work as Four Tet and bring a lot of new ideas to the table at the same time. Percussions "2011 until 2014" was released Jan. 13 and is available online at percussions.bandcamp.

## Library seeks artwork for common areas

After its recent renovation, the Livingston Lord Library is seeking artwork submissions.

MNSTATE.EDU

**BY SAMANTHA STARK**  
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The Livingston Lord Library and Technology Center is located at the heart of MSUM's campus and is home to the library, Information Technology, Faculty Development Center and the University Archives.

After an extensive two-year renovation, the library celebrated its grand opening in the fall of 2014. The 120,000 square feet of top-to-bottom renovation consists of new flooring, lighting, furniture, paint, grand central staircase and heating and ventilation throughout the building.

This renovated space is the tie that brings MSUM students, faculty and even the surrounding community together. In efforts to wrap-up the last of the renovation, MSUM left a percentage of the \$19 million library renovation for art installation.

This percentage is required due to the Minnesota Percent for Art in Public Places program, which acquires works of art to be exhibited in and around state buildings in areas regularly accessible to the general public. Artwork is purchased with funds provided by Minnesota's 1984 "Percent for Art" legislation, which encourages state building projects with construction or renovation budgets of \$500,000 or more to use up to one percent of the total construction budget to purchase or commission original artwork for the

site.

"All significant building renovation projects at public institutions have an art component," said Britney Goodman, Executive Director of Library Services. "The cap on what can be spent is \$100,000."

MSUM has allocated \$75,000 to \$85,000 for the selected artist. The project fees will cover all costs and expenses associated with designing, creating, and installing the artwork and implementing the scope of services.

In MSUM's project they are seeking artists to create a permanent art installation to be located on the Library's first floor.

The first option is the library's main lobby (on the west side of the library) that consists of 1,89 square feet combined with 9-foot ceilings. The bare space contains seating (that can be moved at artist's direction) and stairs to Information Technology on the southeast corner. Other than the two rest room doors, a few couches and a single water fountain, the main lobby craves artistic attention.

The second option is the library's learning commons, or atrium, that contains the grand central staircase, decorative "pendant" pendulum lights, and a mezzanine on the second floor that overlooks the main grounds. To think of an artistic piece that compliments the bright, open space of the atrium may be a challenge for any artist.

Goodman said that artists can select either location unless they have an effective proposal that incorporates both locations.

The deadline for artists to submit Request for Qualifications documents is Feb. 6.

"We have no idea what to expect on numbers," Goodman said. "When I checked on Friday we had 21, although I expect several more before the deadline."

The RFQ submission requirements consist of a brief introduction letter and the artist project approach, up to 10 images with a one page summary description of the artist's previous work and curriculum vita.

Qualifications for the artist's eligibility consist of previous commission experience with budgets in excess of \$50,000, previous experience working within architectural constraints and limitations and residency in the United States.

"There is nothing that prohibits a student, but the chances of a student having experience with public art project in excess of \$50,000 is unlikely," Goodman said.

During the week of March 11, the Subcommittee of Facilities and Grounds Committee will organize on-campus interviews with the four finalists who will then be sent on to the Facilities and Grounds committee for approval. The contract with selected artists will be finalized April 20.



# Features



Recycling bins have been added to buildings to encourage recycling in hallways, and less throwing-away in classrooms.

ETHAN DEGREE • degreet@mnstate.edu

**BY MARIE VEILLETTE**  
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Students with classes in Lommen and Weld may have noticed something different about the buildings last semester. A student-started initiative to make all classrooms trashless was tested in the two connected buildings.

The initiative aims to reduce recyclable waste from ending up in the landfill. Removing trash bins from every classroom, replacing them with one bin next to the recycling containers in common areas, makes it easier for students to recycle.

Because the convenience factor of having a trash can nearby is replaced with one central trash and recycling hub, students have the chance to rethink throwing away that plastic bottle.

The new set up is thanks to senior biology major Jaden Witt, who had the idea to remove trash cans from classrooms when she was a senior in high school.

“I had originally wanted to do the

trashless classrooms because I went to Concordia in high school and saw that they had done it,” she said.

Witt said she had tried to start the program last year, but didn’t have much success. When a class project provided the chance to really get her idea going, she and her group jumped at the opportunity.

“I thought it was a really good way to make recycling easier and promote recycling,” she said.

It was not until mid semester that she found out her work could earn her the first sustainability leadership award ever given at MSUM, plus a \$500 cash prize.

Joe Herbst, sustainability coordinator, said the idea to create the award came up last summer when he bumped into an old friend and MSUM alumnus who had been a major “pioneer” of sustainability while attending the university.

The alumnus expressed his desire to give back to the school and, “we came up with this leadership award that would be given at the end of the semester,” Herbst said.

After soliciting nominations,

the Sustainable Campus Initiative Committee chose Witt as the fall semester winner.

“Last semester we had some really good nominees, and it was tough,” he said. “For the committee members, it was tough to try to pick one.”

Herbst said there isn’t any strict criteria nominees need to meet, but taking initiative to promote campus sustainability is one factor they look for in a winner. He said Witt was a prime example of that.

“She really was the driving force behind this project,” he said. “It’s really inspiring for me to see our students really push this stuff.”

Not only is it encouraging for Herbst to see students passionate about a cause, it can also be a factor in allaying concerns of administration and staff when it comes to making changes such as trashless classrooms.

“Our campus, like many large institutions, can be hesitant to change,” he said. “When it’s students who are really driving the change, people in general seem to

be more receptive to it.”

While the switch to trashless classrooms may seem uncontroversial, concerns from Building Services about trash being left behind in classrooms was something Witt had to address.

Herbst said communication is key to success in a situation like this, and Witt handled that aspect of the project very well.

“People will accept, maybe even embrace the change if they feel like they’ve been given a chance to comment,” he said.

Because of her communication with all involved, Witt said she has not come against any resistance to move toward trashless classrooms. In fact, she has met the opposite reaction, with GMWs pushing to make the movement campus-wide.

“The GMWs were really willing to work with us,” Witt said.

Herbst added they have a lot of enthusiasm for the project. “They’re the ones that are asking, ‘Hey, when are we going to get this going to the next buildings?’”

The next locations to go trashless

will be Hagen and Langseth, followed by the Center for Business and the MacLean/Flora Frick/Bridges complex. The timeline for implementing the changes is expected to be by the end of the semester or early next fall.

Despite only having gone trashless in two buildings on campus, Herbst said they’ve seen “a slight increase” in recycling, which is encouraging news as they continue to expand to other locations.

Though Witt was the sole winner of the award, she credits her group members Kailee Epema and Mackenzie Willits as being “a really big part of the success as well.”

Nominations for the spring Sustainability Leadership Award will be open from April 1 through the 15. Anyone wanting to get involved with the sustainability movement should contact Herbst or stop by his office in Hagen 111.

“I really like it when students take the lead,” Herbst said. “I’m here to empower them to own these projects.”

## Seven Minn. universities attending Job Fair Friday

**BY ALEXA GERBER**  
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Friday is the Minnesota State Universities Job and Internship Fair at Earle Brown Heritage Center, Brooklyn Center, Minn. Students and alumni will be able to meet and network with over 100 employers.

“The Minnesota State Universities Job and Internship Fair started over 25 years ago,” Margie Giaque, Director of Career Services at Bemidji State University, said. “It was an attempt to bring a larger number of students and employers together from the state university system to connect for internships and full-time employment.”

Approximately 1,000 juniors and seniors from the seven Minnesota State University schools will be attending the fair. Students who register will get the opportunity to meet one on one with employers.

“In a recent study done on Minnesota Employers by Andy Ditlevson from St. Cloud State University Career Services, 95.2 percent of the employers said this is the number one way that employers recruit entry level graduates,” Giaque said.

As further incentive, attendees will be eligible to win prizes including an iPad Mini, Beats Headphones, a Fitbit and more.

The cost of the job fair is \$30 at the door. Registration includes a nametag, lunch, a padfolio

and transportation to and from the venue. Students can submit resumes ahead of time and see which employers will be attending online at mnsjobfair.org. Visit the Career Development Center on campus for more information and resume assistance.

Diane Wolter, Assistant Director of Career Exploration at the CDC, had some advice for students planning on attending:

Know in advance which companies you want to talk with.

Make sure your resume highlights your skills rather than the tasks and responsibilities you have been performing.

Bring more resumes than you think you will need.

Consider bringing more than one version of your resume.

Develop a short introduction, including name, major and two or three top skills.

Practice your introduction on your friends, including shaking hands, and handing them a resume. It all helps.

Wear appropriate clothing.

Collect business cards.

Make sure to follow up within 24 hours after the fair with any companies you are interested in.

The CDC will be holding a “Prepare for the Fair” workshop on Wednesday, Feb. 4 at 4 p.m. in MA 164, for students who need more information and preparation. You can set up an appointment with the CDC by calling 218-477-2131.



SUBMITTED

TU Dance Co. draws on a broad range of dance genres, from contemporary ballet to modern and traditional forms.

**BY CARRIE THAYER**  
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A voice repeats, “the detail is in the pattern.” Bare feet slide across the stage. Draped in various shades of green, the bodies’ movements are like punctuation marks against the black backdrop —angular and perfect.

On Saturday, Saint Paul’s TU Dance company performed at the Hansen Theatre, bringing their blend of traditional and contemporary dance styles to the Fargo-Moorhead area.

The production started off the spring semester’s performance art calendar.

“I think it’s great you can get this type of experience in Moorhead,” audience member, Rachel Pederson said.

The troupe was founded in 2004 by former Alvin Ailey dancers, Toni Pierce-Sands and Uri Sands. The company offers a mixture of classical ballet and modern dance.

From the lamenting of wanting something that isn’t good for you in “High-Heel Blues” to “One,” a dance inspired by Henrietta Lacks and the HeLa cells, the group’s repertoire covers an array of influences.

The TU Dance company’s visit to Moorhead wasn’t only to show off their craft. They were here to teach.

Over the weekend, the company offered three classes to MSUM and community dance students.

“Any time you can watch or study with somebody new, it expands your horizons,” sophomore musical theater, Caleb Reich said.

While Reich feels he has been able to build on a strong dance foundation at MSUM, there is still a benefit to learning from other sources.

“As people start developing their own styles, they create their own sort of vocabularies,” Reich said.

By working with TU Dance,

MSUM is broadening the influences available to the students.

“MSUM is kind of smaller, but bringing in other people to help teach is a really exciting opportunity,” Reich said.

Still, the production wasn’t just for those in the performance arts.

“I like watching dance, and I thought I would try new experiences,” anthropology junior, Carra Strader said.

While Strader has only attended a few shows at MSUM in the past, she appreciates the student ticket prices and would like to attend more shows in the future.

The remainder of the spring semester includes an exciting adaptation of Romeo and Juliet, the mixing of many types of performance arts in the production of THE [scream], as well as various concerts.

Performance dates and tickets are available to MSUM students at a discounted price through mnstate.edu/perform.



# Sports

## MSUM women’s rugby to be represented at international tournament

**BY TOMI THOMPSON**  
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After achieving national recognition in their fall season, the MSUM Lady Hummerz Rugby team is optimistic about continued success in the spring.

In November, the team competed at the National Small College Rugby Organization’s tournament in Cherry Hill, N.J.

MSUM defeated Mount St. Mary’s University from Emmitsburg, Md. for third place in the tournament, and are now tied for a second place ranking in the country.

Though the sport is popular in some parts of the world, team captain Breanna Bucklin had never played rugby before coming to MSUM.

“I never knew anything about rugby until I came to college and a couple of my friends played here already,” Bucklin said. “So when we came in as freshmen they tried to get us to play, so we decided to try it out, and decided it was fun and we wanted to play it.”

After four years on the team, Bucklin’s hard work has paid off. She was chosen as MSUM’s Heart and Soul award recipient at the regional tournament in Rochester.

The Heart and Soul award is selected by a team’s coaching staff and recognizes a team member who has inspired and contributed to the their program on and off the field.

“It’s the one who tries the most on your team,” Bucklin said. “We were playing a team we weren’t very fond of anyways, so it made it easy to play as hard as we could. It is a big honor to get it.”

Bucklin was named the MVP of the NSCRO West region and was invited to play sevens rugby with the Midwest under-23 team in the Las Vegas international tournament in February.

The tournament is held Feb. 13th to the 15th alongside the Las Vegas Invitational, North America’s largest rugby tournament.

“It’s pretty exciting,” Bucklin said. “It will be a new experience, a new team. We get to go to Las Vegas, so that’ll be fun.”

Other nationally recognized team members include NSRCO All-15 team honorees Haley Foster, Sydney Zenzen and Sawyer Salter. Jaden Witt was awarded MSUM’s Heart and Soul award at NSCRO’s Women’s small college national championship.

Team member Kiah Vanasse said being from a small school and having national success put the MSUM’s women’s rugby team on the map.

“It means a lot, it’s what we’re working for,” Vanasse said. “Not a lot of people know that there’s rugby here. Some students didn’t know

we had a team, and now we’re representing our school across the nation. Its just exciting.”

For Vanasse, the team’s success is a solid building block for what can be achieved in the spring season and beyond.

“We’re going to go and play in these tournaments and win and work our hardest so that next year we can go to nationals again,” Vanasse said.

Bucklin said the spring season also brings along a unique tournament opportunity to the team featuring rugby in prom dresses.

“We have a prom dress tournament at the end of the year, every year,” Bucklin said. “its pretty fun. We usually have about four or five other teams, and we all get to wear dresses and play in them. Usually by the end they’re pretty ripped up.”



MSUM women's rugby took on Roger Williams University last November in a semi final matchup.

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