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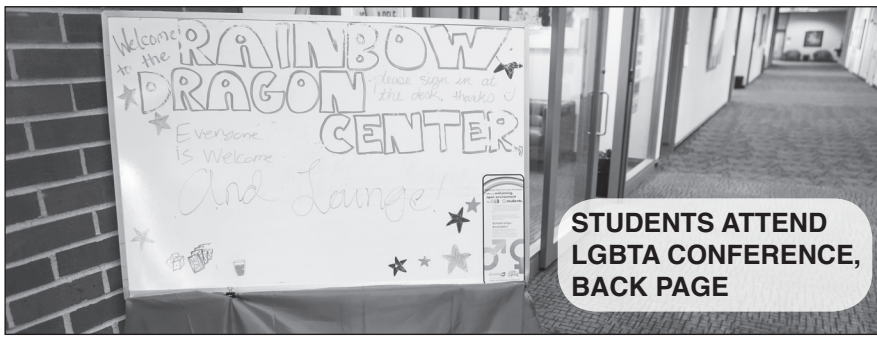
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**STUDENTS ATTEND
LGBTQ CONFERENCE,
BACK PAGE**



**PROF. DISCUSSES DEBATE
OF ENLIGHTENMENT,
PAGE 4**

**“ALMOST, MAINE” OPENS
WEDNESDAY ON GAEDE
STAGE, PAGE 3**



THE ADVOCATE

online at msumadvocate.com

Tuesday, February 18, 2014

MSUM's weekly student newspaper

Moorhead, Minn.

Vol. 43 Issue 17

Wrestlers take down U-Mary in final home match

BY BREANN LENZMEIER
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The Dragon wrestling team took down Northern Sun Intercollegiate Conference rival University of Mary (N.D.) on Saturday to finish the season 4-4 in conference wrestling.

The team finished their regular season and defeated the Marauders 42-3, winning nine of the 10 matches. The Dragons won four of the matches by pin, and picked up a technical fall from freshman Shane Novak to finish the dual.

The team honored four Dragons that were wrestling their final home match; Connor MacGregor, Connor Monk, Matt Lewellen and Gerad Fugleberg. Each picked up wins in their final time on their home mat.

Starting at the team's 141 pound weight class, MacGregor picked up the first win. Head coach Kris Nelson said that it just took off from there for the team.

Sophomore Mario Tuccitto picked up a pin at the 149 pound weight class and kept the momentum on the side of the Dragons.

"The whole team wrestled aggressive ... we wrestled smart," Nelson said. "We were looking to get bonus points throughout the entire match, and we did."

Nelson said it was a great way for the four seniors to finish the way they did. Picking up a pin at the 174 pound weight class was Conner Monk, and Nelson pointed to him being aggressive in the top position as the key to getting the win.

"He goes after that cradle, and he keeps doing it, and it's fun to watch ... people know he does it, and he still gets it," Nelson said.

Nelson said that it's about going out there and staying with the basics and doing what you are good at.

Earlier in the week the team wrestled NSIC opponent



BEN GUMERINGER • gumeringbe@mnstate.edu

Senior Dragon wrestler, Matt Lewellen (top), defeated University of Mary's Tom Devito by a 7-1 decision on Saturday. Lewellen has now improved to 24-14 on the season and leads the team in wins with 24.

Augustana and fell 25-16. MacGregor, Monk and Fugleberg all picked up wins for the team in the dual.

Nelson points to confidence being a key to the victory in the dual against Mary.

"They were confident as soon as they stepped out on the mat, and it did show," Nelson said.

The team is off until Feb. 28, when they travel to Edmond, Okla. for the Super Region Three qualifier.

"We need to work on a lot of technique, keep our

conditioning up and be really smart about your weight management." Nelson said. "Make your goals and know what you want to accomplish at the regional tournament."

The top five in each weight class qualify for the NCAA Division II Championships. There are 17 teams in the conference the Dragons wrestle.

"We have to keep our goals in mind, and work hard every day to achieve those goals," Nelson said.

Founders scholarship gala unites donors, recipients

BY MARIE VEILLETTE
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The Comstock Memorial Union ballroom was filled to capacity Friday night for the Founders Scholarship Gala. Alumni from both past and present years came to the event to support the scholarship.

The Founders scholarship was started in 2006 by current president Edna Szymanski in conjunction with her inauguration. Since that time the scholarship has given over \$90,000 to 38 recipients. This year was the largest number of recipients in the scholarship's history, with 13 students each receiving \$2,500.

The scholarship and the yearly event are sponsored by the Alumni Foundation. Anna Miller, director of annual giving, and Courtney Weatherhead, part of the marketing and communications office, co-chaired the event.

Along with collecting money for each ticket sold, the gala raises funds in multiple ways. There was a silent auction available for people attending to bid on Dragon themed items. There was also a cash bar, provided by Speak Easy restaurant.

Along with those money raising efforts, there was a mystery wine sale. Gala goers could purchase an unknown bottle of wine for \$35, with actual values between \$15 and \$100. There was also a table pledge contest, with a mystery prize to the two tables that gave the most money.

GALA, BACK PAGE

Communications fair offers networking with area professionals

BY KAYLA VAN EPS
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Networking and making connections with professionals can be a challenge for students seeking internships and jobs in their field.

These connections are vital to getting a job in the competitive job market, and many students don't know where to start.

To help students make these important connections, the Career Development Center and the College of Arts, Media and Communication held a networking event called "Careers in Communication and Media" last Tuesday.

Sarah Miller, director of the Career Development Center, hosted a Q and A session with eight local communications professionals whose careers ranged from public relations to magazine advertising to broadcast journalism.

Alec Winmill, a social media and marketing specialist for Titan Machinery in Fargo, said he wouldn't have his job if it weren't for networking. A friend of his who worked at Titan Machinery recommended Winmill for the job.

The toughest part of his job is finding new ways to reach potential customers who may not access or use social media regularly and keeping in touch with current customers.

Panelists shared what they liked most about their jobs, what they found most challenging, how they found their job and what influenced them to go into the communications field.

Krista Boehm, a fall 2013 graduate of MSUM and reporter for KVRP, enjoys the challenge of having a different assignment every day.

"The other day I reported on an area woman who makes her own yarn from alpaca wool," Boehm said. "I thought it would be a boring story, but it turns out that making yarn is a way cooler process than it sounds. My challenge is to tell the story to our viewers as if they were there, so they get the same experience I did."

After the Q and A session, professionals were sent to the student tables in what Miller called speed networking. It's like speed dating but for networking and making contacts with professionals in the field.

PANEL, BACK PAGE

Briefs

Campus Calendar 2.18 - 2.23

- 2.19** 7:30 p.m. Elise Buffat Recital, Fox Recital Hall
- 7:30 p.m. "Almost, Maine" opening night, Gaede Stage
- 2.20** 5 - 7:30 p.m. "The Mis-Education of the N Word," Ballroom
- 6 - 9 p.m. Student Senate Meeting, CMU 205
- 9:30 - 11:30 p.m. Cosmic Bowling with Intramurals, Sunset Lanes
- 2.22** 4 p.m. and 6 p.m. Fill the Fieldhouse, Nemzek



Story idea?
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The Advocate

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The Advocate encourages letters to the editor. They should be typed and must include the writer's name, signature, address, phone number, year in school or occupation and any affiliations. Letters are due by 5 p.m. Friday and can be sent to MSUM Box 130, dropped off at The Advocate office in CMU Room 110 or emailed to us at advocate@mnstate.edu. The Advocate reserves the right to edit letters and refuse publication of letters omitting requested information. It does not guarantee the publication of any letter.

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The Advocate is always looking for talented writers, photographers, columnists and illustrators. Contact the editor for more information

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World News MSUM Briefs

Plane with 18 passengers missing in Nepal

A Nepal Airlines plane carrying 18 people is missing and is believed to have crashed in the country's mountainous west. Authorities fear the worst after losing contact with the plane within the first few minutes of takeoff. It made an unscheduled fuel stop in the city of Pokhara on the trip between Katmandu to Jumia. It was snowing in the mountains, and there was low visibility due to fog. The Twin Otter plane had three crew members and 15 passengers, including a child.

Ellen Page comes out as gay

Actress Ellen Page came out in a moving speech to the Human Rights Campaign in Las Vegas Friday night. "I am tired of hiding, and I am tired of lying by omission," Page said. "I suffered for years because I was scared to be out." The 26-year-old Canadian star of "Juno" and "Whip It" was visibly emotional during the speech, and the crowd responded with a standing ovation. Page said that football player Michael Sam and actress Laverne Cox, from the Netflix series "Orange is the New Black," had inspired her to go public with her sexuality.

Zimmerman blames Trayvon Martin for his PTSD

Though his celebrity boxing plans were thankfully canceled, George Zimmerman was undeterred from his media adventures. The man who killed Trayvon Martin gave an interview with Univision, during which he claimed he has been suffering from PTSD since the shooting, and that he's "totally homeless." He said he resents the media attention about his run-in with the law since the trials, such as when police were called to a domestic dispute with his wife. "Honestly, I [would] love to live a calm life without being in the press. I'd like [to be treated like] any American citizen—have a ticket ... or an argument [and] not have everyone aware," he said.

South African miners trapped

South Africa has been rushing to rescue dozens of gold miners who became trapped underground after illegally working in an abandoned pit outside of Johannesburg that collapsed on them. Authorities believe there are about 30 miners at the top of the shaft, but 200 other miners may be trapped further down. They are believed to have been trapped since Saturday morning. Eleven miners have been rescued so far, and more are on their way up.

Ellingson to perform in "Forbidden Broadway" beginning Thursday

Music Theatre Fargo-Moorhead announces its upcoming winter production, "Forbidden Broadway's Greatest Hits," to be performed starting Thursday and running until March 2, 2014 on The Stage at Island Park.

"Forbidden Broadway" is a satirical, cabaret-style revue that began in the early 1980s in New York City. Constantly evolving, the show coursed over two decades parodying Broadway musicals, actors, directors, composers and choreographers. No Broadway show or star is safe from this satirical mock-fest that pokes good-natured fun at those hit musicals from the Great White Way, and the legendary performers who starred in them, from such shows as "Les Miserables," "Chicago," "Wicked," "Mamma Mia," "Rent," "Spamalot," "Annie" and many more. Created and written by Gerard Alessandrini, this show is a guaranteed night of side-splitting laughs and a sure bet to sell out fast! In keeping with MTFM tradition, a complimentary wine and dessert reception will take place following Friday's performance.

Directed and choreographed by Dawn Gunderson and vocal directed by Jo Marie Fike, the cast includes MTFM favorites Craig Ellingson, Angela Schulz, Kathy Hanson and Sam Krauth, along with some old and new faces to balance out this talented ensemble.

Ticket information can be found at musictheatrefm.com or by calling the box office at 701-235-6778.

Hong to give colloquium tomorrow

Dr. Chang-Seong Hong, Department of Philosophy, is going to give a colloquium on Buddhist Philosophy at 4:15 p.m. tomorrow in MacLean 165. His topic is "The Many Faces of Enlightenment." Hong will discuss different concepts of enlightenment that he believes resulted in confusion of the history of Buddhism.

All are welcome. Any questions about the colloquium can be sent to cshong@mnstate.edu.

Intramurals to host Cosmic Bowling at Sunset Lanes

Time to come rock those bowling shoes. Intramurals is hosting a Cosmic Bowling event at Sunset Lanes (Moorhead). Transportation will be provided to and from campus, and it only costs \$5 for students to come play from 9:30 - 11:30 p.m. on Thursday.

Security Update

Director of Public Safety

Greg Lemke

- 2.7** 911 hang-up in Hagen, false, Auto boot placed on vehicle in mechanical G-2 Lot for fraud/deceit
- Suspicious person in Nemzek, Harassment near East Snarr, gone on arrival reported to Moorhead PD
- Medical in Dahl, one transported by FM Ambulance **2.12** Vehicle with trunk open in G-7 Lot, vehicle secured
- 2.8** Marijuana odor in South Snarr, Fire Alarm in Holmquist, actual two referred to Campus Judicial fire - burnt food, Moorhead Fire Department responded
- 2.9** Alcohol violation in Holmquist, Assist Residential Life with key one cited by Moorhead PD for stuck in residence hall door minor consuming
- Requested welfare check in Dahl, Auto boot placed on vehicle in contact made - subject okay G-3 Lot for fraud/deceit
- 2.10** Suspicious vehicle in G-1 Lot Property Damage to card reader outside CA
- Harassment in Bridges, contact Harassment in G-1 Lot, reported made with both parties to Moorhead PD
- Smoking violation near north Harassment near Dahl, reported entrance to CMU, one warned to Moorhead PD
- 2.13** Assist Moorhead PD with a Theft in Wellness suspicious person report near Library, gone on arrival Suspicious vehicle near Owens, gone on arrival
- 2.11** Theft of USB in Center for Business

To report a problem contact Public Safety at 218-477-2449

Safety Tip of the Week

Distracted driving

Driving distracted is the leading cause of most vehicle crashes. Although most distractions are avoidable, some distractions are impossible to completely prevent. Driving requires your full attention. Prevent yourself from becoming the next victim by avoiding these distractions: cell phone use, reaching for a moving object inside the vehicle, looking at an object or event outside of the vehicle, reading, applying makeup and eating.

125th Anniversary Token Hunt

"Run up these and you'll fit right in, when you're in the building that the token is hidden."

China Business Trip applications due soon

Applications are currently being accepted for the China Business Trip that takes place May 19-June 10. Three credits are available for this course.

For an experience that will last a lifetime, travel to China, a country that claims a history of 5,000 years. Throughout the journey students will compare and contrast business in China with business in the United States. By experiencing the rural-urban dichotomy, the co-existence of communism and capitalism and the effects that the current economic boom has had on the environment, one will gain an awareness of the effect that China's culture, history and political ideology have played in shaping China's role in the global economy. When visiting educational institutions and companies involved in global business, students will have

opportunities to interact with students, businesspeople and politicians to discuss issues related to global interdependence and public policy. Attending cultural events and visiting historical sites will raise our consciousness of China's long history.

Application forms are available in Center for Business 207A. For information please contact Dr. Ruth Lumb CB 207G, lumb@mnstate.edu or call 218-477-4652.

"Red Weather" seeks submissions for 2014 issue

"Red Weather," the annual literary journal edited and designed by students at MSUM, wants your most polished poetry, fiction, creative non-fiction, one-act plays and visual art for inclusion in the 33rd issue, Red Weather 2014. Submission period ends Saturday.

“Almost, Maine” opens Wednesday

BY ELLEN ROSSOW
rossowel@mnstate.edu

The theatre department opens its third show of the academic year this Wednesday.

The show, “Almost, Maine” takes place in a fictional small town by the same name. It follows a handful of love stories that, according to the theatre department’s website, “will warm hearts on even the coldest winter nights.”

Theatre freshman Molly Berg plays one of the ladies in the show. While, to Berg, the theme of the show is love and relationships, her character, Rhonda, is not the stereotypical love-struck woman found in many romantic comedies.

“My character is much more of a tomboy type,” she said. “She likes snowmobiling, and she isn’t the type

to fall in love.”

In Berg’s scene love comes as a surprise as her character is confronted by a male friend.

“He is just her friend,” Berg said. “He is just her regular, normal friend, but then he tries to tell her that he loves her.”

In another scene, freshman Nate Pace plays a man named East who ends up developing feelings for a hiker that he finds in his yard.

While the idea of love is very real, Pace’s scene could be described as surreal, as one of the characters literally carries her broken heart with her wherever she goes.

According to Pace and Berg, various scenes throughout the show have this surreal quality, but the show is still very relatable.

“MSUM students can relate to it because it shows

the many different types of love,” Berg said. “Love can be found in friendships. Love can be hard, hard to find or it can be easy.”

Pace agrees with Berg that the show will hit home with any audience member.

“It’s a great show,” Pace said.

According to Pace and Berg, the show can be dramatic but is also filled with comedy.

“It is a cute show,” Berg said.

Though lighthearted, “Almost, Maine” also comes with a hint of sadness, marking the last academic show to be directed by David Wheeler, long time theatre faculty, as he is to retire after this year.

The show runs at 7:30 p.m. Wednesday through Saturday on the Gaede Stage in the CA. Tickets are free for MSUM students.

B.S./B.A. Exhibit reveals students exemplary artwork

BY BECKI DEGEEST
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Opening this week, art appreciators and critics alike will be able to view new and old creations done by MSUM’s very own senior art majors at the Art Gallery located in the Center for Arts.

The B.S./B.A. Exhibit is an annual event that showcases senior art students’ best work throughout their years at MSUM. Displaying a vast arrangement of works from all kinds of mediums such as painting, printmaking, graphic design, ceramics and more, there are several tastes for all to enjoy.

Printmaking student Billie Kitzman will have three prints featured in the exhibit. Though she is thoroughly excited to be featured, she does express emotion taking the final step before graduation. Kitzman, who has also been featured twice in the Scotland Exhibit, has a natural love for Scotland and spreading happiness and art. She said that she simply, “likes to make things that make other people happy.”

Her featured prints are titled, “A Dose of Serotonin I, II and III,” to coordinate with her happy-creations philosophy. Kitzman along with other art seniors, were required to undergo a 30-day faculty review, where student artwork is critiqued by professors. This is where Kitzman, along with other art students, found help to pick out which pieces to use for the exhibit.

After graduation Kitzman hopes to find a job that will allow downtime to create more prints. Her dream job is one where she could work independently in her own studio.

“I just want to make things,” Kitzman said. “Something like sail boats on T-shirts or anything fun like that.”

Another student who has a similar perspective on art and happiness is graphic design student Brittany Krebs. Krebs will have a few designs featured. One print was featured in the Juried Exhibition last spring called “Saul Bass.” A large portion of the work is text and reads, “I just want to make beautiful things, even if nobody cares.”

Showcased at the B.S./B.A. Exhibit is “a small collection” of Krebs’ work throughout the year. She says that this year’s exhibition is “a little bittersweet,” but looks forward to seeing all of her peers and their work displayed as well.

“I really thank our professors; they really help us to weed through our work and find the best to display,” Krebs said. “(Professors) help to push us and look at different ways to approach things and don’t limit us.”

When Krebs graduates she plans on staying in the area and to continue working in a design field, as she believes Fargo’s art scene is flourishing.

“Fargo’s creative side has really come out in the last few years, so it doesn’t really feel like I’d be settling anymore,” Krebs said. “I would like to stay in Fargo for a while to keep making Fargo cool.”

After spending her time at MSUM in the art department, Krebs also looks forward to seeing her peers’ work and shares advice for future graphic design majors.

“Don’t be afraid to branch out with what you’re comfortable with,” she said. “I had a style, and sometimes that works, but it’s also very important to be versatile with your work.”

You can meet, speak with and view Kitzman’s and Krebs’ work, along with other students’ pieces at 4:30 p.m. this Thursday at the B.S./B.A. Exhibit opening reception. Refreshments will be served. The exhibit will be open until Feb. 27.

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Features

Longtime professional communicator retires from mass comm department

BY ALISON SMITH
smithal@mnstate.edu

At the close of the spring 2014 semester, MSUM will say goodbye to long-time professor of mass communications, Mark Strand.

Strand will retire with 25 years experience at MSUM. However, his comprehensive background in the field of mass communications is due to over 40 years combined experience from not only MSUM but also NDSU, Massachusetts Institute of Technology, Cambridge, and a few odd jobs he has held.

Midwest native

Strand, a native of St. Paul, Minn., grew up in Rugby, N.D. His father was a photographer, and both Strand and his brother developed a passion for the medium as well, despite their father's warnings about a career in photography bogged down with hard work, long hours and little pay.

Strand took his father's advice for the time being and attended Concordia College – Moorhead to receive a bachelor of arts in history and political science. After he received his undergraduate degree, he got jobs teaching and coaching football and wrestling.

Road to communications

Eventually Strand's interest in photography won out and pushed him to get a job at the Hatton (N.D.) Free Press. It was there that Strand said he learned a lot about layout, typography, photography and graphics.

After leaving the Hatton Free Press, Strand went on to work for NDSU in a joint appointment. He taught a photography class and was the "worker bee" who did various projects in the communication office.

During his 17 years at NDSU, Strand was the university photographer and "idea guy" who edited pictures, type, layout, videos and 3-D displays. He was also the production editor manager for the Institute of Regional Studies, which publishes books on regional history and culture.

NDSU granted Strand a two-year leave to study at MIT where he got his master of science in visual studies. "They wanted me to get my hands on really new technology, specifically digital stuff," he said.

Strand spent time with the "information architects" as he called them. The department, now called the media lab, is responsible for certain technologies such as E Ink, used on the Amazon Kindle, and 3-D printing.

He described it as, "the first place where they came up with the idea that modern communications media (photography, film, print, television) are merging through the computer." At the time, during the 1970s, this information was new to most.

Strand returned to NDSU and used his knowledge gained at MIT to start a laser-video disc project. This involved putting more than 50,000 images, film and video from NDSU's archives on a 12-inch disc, interfaced with a computer and a database.

The Library of Congress liked the database project and decided to partner with NDSU and other places across the country to start the National Memory Project whose goal was to "get photos digitized, online and accessible to people," Strand said. The Project is ongoing;



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Mark Strand poses in his office surrounded by mementos from the past 25 years spent teaching at MSUM.

individuals are still able to contribute photos, documents, etc.

From a Bison to a Dragon

Strand was grateful for the knowledge gained at NDSU along with the experience, noting the work atmosphere was a bit different back then.

"I was really, really lucky to work with the people that were very good at what they did," he said. "Those offices those days were really like a family."

Strand eventually decided to make a career change from NDSU to MSUM. He said NDSU was changing, with faculty retiring, and he was ready for something different.

He liked the practicality of MSUM's mass communications department and the idea of convergence media.

"It's not like a department where you kind of hope that these kids work out, or that they take a general course and hope a job happens," he said. "You have a little more invested in people. You really want them to succeed."

More than just a professor, Strand also held the title of mass communications department chair from 2004 to 2011. While department chair he added the classes event planning, sports information and social media.

He also started Red River Interscholastic Press Association, a program giving real world exposure to high school students who worked on the yearbook and school newspaper.

Strand also had a part in the 2000 remodel of the mass communications wing of Flora Frick which used to be a computer science area.

He and architect Milt Yergens were asked to come up with an idea of how to distribute computer resources in the department.

They decided to dedicate each lab to a specific field of study, which

changed the way students were able to learn and interact.

"It helped (mass communication) take off a little more," Strand said. "Student groups were able to do interesting things. They were able to do their work better."

Reflection and looking ahead

When asked his proudest moment at MSUM, Strand grabbed an email that was printed and pinned above his desk. The email was a "thank you" from Rick Hertz, one of Strand's former students.

Strand had introduced Hertz to a job in Bismarck, N.D., that lasted only a couple of years, but Hertz and his newfound co-worker left the job to start their own award-winning printing company, Image Printing, Inc.

"I've been stuck in Fargo-Moorhead this whole time, but I kind of live through these kids," he laughed. "It's a cheap way to get a thrill."

Since his days spent at NDSU interviewing retirees as a part of his job, Strand has known what to expect with his upcoming retirement. Of the people he interviewed, he said some couldn't let go, and others were angry or bitter with how things turned out.

He said he's feeling a little bit of both but has adopted a new slogan – "Not my circus; not my monkeys" – and has learned it's no longer his position to strive for change but to sit back and watch things unfold.

He said he will miss students and teaching the most. "I love kids. I love people who are happy and interested," he said.

His retirement plans include getting on the water with his new 27-foot sailboat, driving around the middle of nowhere for photography adventures in his re-vamped school bus and anything else that could qualify as "honest work" while still continuing his self-education in photography and other freelance work.

Colloquium to offer insight on enlightenment

BY ALISON SMITH
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When an idea has evolved over more than two and a half centuries, there's bound to be a few different ways of looking at it. The spiritual state of enlightenment, pursued by all Buddhists for more than 2,500 years, isn't immune to these discrepancies.

Chang-Seong Hong, MSUM professor of philosophy, hopes to clarify the general understanding of the idea in a colloquium this Wednesday entitled "The Many Faces of Enlightenment."

Hong grew up in Korea as a Buddhist and came to America when he was 28 to attend graduate school at Brown University where he received his Ph.D. in philosophy.

Hong considers himself a "philosophically-oriented Buddhist," thinking of Buddhism as a philosophy and way of teaching for enlightenment rather than worshipping the Buddha as a deity.

The concept of enlightenment holds high importance to any Buddhist seeking nirvana or salvation. Hong explained that there have been multiple ways to view and understand the concept of enlightenment in the evolution of Buddhism throughout history and recognized the importance of clarifying the concept.

The question Hong raised was, "If they do not really know what is enlightenment, how could we achieve enlightenment?" Hong will use the colloquium to compare, contrast and clarify the three types of enlightenment. Hong described them as follows:

1. Philosophical enlightenment: "The idea is that you get enlightened if you understand the philosophical tools of the world and our life in it."

2. Nirvanic enlightenment: "You have achieved a deep level of meditation. You have achieved some tranquility and composure of your consciousness and that you are in nirvana ... a state of enlightenment."

3. Zen enlightenment: "(An individual) practices meditation in a number of different ways, and when they reach some deepest level of meditation, they experience



Chang-Seong Hong

something mysterious ... it's supposed to be beyond description."

The first part of the colloquium will be spent discussing how the philosophical and nirvanic enlightenments may seem to differ, but that the two actually promote each other.

Hong plans to use the rest of the colloquium to discuss the issue of Zen enlightenment. "I claim that this kind of private experience cannot be recognized as an enlightenment from a philosophical point of view because there is no way to verify it," Hong said.

"In order for us to claim we have knowledge, the knowledge must be something objectively verified, but our private experiences may not be objectively or inter-subjectively verified or communicated," Hong said, further explaining, "We cannot say that, 'I have a knowledge about my personal experiences.'"

Even though Hong grew up in Korea, he holds a western view of education, having attended graduate school in the U.S. He said his teaching will be done in an analytical, logical way, whereas if he were in Korea, he would teach it with a lot more cultural anecdotes, insights and intuitions.

Hong said if an individual understands the basic concepts of enlightenment, nirvana and karma they will understand the talk.

The hour-long colloquium, open to students and the public, will be at 4:15 p.m. Wednesday in MacLean 165 and will include a discussion period.

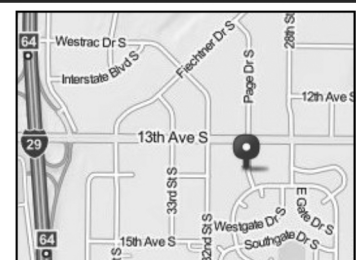


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Features

Brit revisits F-M after studying abroad at MSUM

BY JESSICA JASPERSON
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In the spring of 2012, Matt Cairns had five options for American schools where he could study abroad. After doing some research he packed his bags and traveled 4,042 miles to MSUM for a semester.

The difference between Cairns and other students who study abroad is illustrated in the number of return trips he's made to the area. Cairns has been to Fargo-Moorhead four times in the last year to visit the people, community and school that impacted him more than he thought possible.

Cairns grew up in St. Albans, a suburb of London, where he enjoyed playing soccer and hearing his dad's journalism stories. He attended the University of Portsmouth and chose the American Studies major, a course he knew would lead him to a semester in America.

"I'd loved it when I'd been over with my family, and I've always wanted to come over for a longer period of time," Cairns said when discussing why he chose his major. "It was sort of a history course, so it was perfect for me."

Cairns, his two good friends, Ed Dowdell and Josh Dudack, along with five others, arrived in Moorhead two weeks before school began. When classes were back in session, Cairns witnessed "Minnesota Nice" instantly.

"I loved it," he said, admitting they may have gotten more attention because they were foreigners. "Everyone was just asking us questions or letting us know if we needed help in the area, they were happy to help."

F-M's welcoming atmosphere is what's drawn Cairns back time and time again. The amount of people inhabiting London makes it impossible for him to see a familiar face. Whether in a coffee shop or walking down the street, he is refreshed to be in a place where community is important.

"Around here you do kind of self-consciously get used to people and start acknowledging them," Cairns said. "Everyone's

much nicer because of it and I like that it's kind of smaller ... there's a nice atmosphere. It's more relaxing, just a little colder."

London's average winter temperature of 32 degrees compared to Moorhead's blistering winds and negative degree weather doesn't keep him away, though. Cairns supports his new favorite football team as he sports purple and gold Vikings mittens, and he's learned the more layers the better.

After a semester at MSUM, he and his friends begged their teacher in London to stay another semester; however, since it was their last year of school, they had to return. Cairns even debated transferring to MSUM to pursue his passion for journalism, but was offered a journalism job in London at Sky Sports shortly after.

"As much as I wanted to come back to MSUM, I thought it really didn't make financial sense when there was a journalism job offer," he said. "I learned a lot there (at Sky Sports), but a part of me was always like, 'I wish I'd gone back.'"

International relations taught by Professor Conteh is a course that impacted Cairns during his studies at MSUM.

"I had Professor Conteh, and he was probably the best professor I've had in my whole life, in England or America," he said. "Brilliant ... (He) could have been talking about bricks, and I'd listen to every word."

Some of Cairns' favorite memories outside of the classroom include training, playing and traveling with the guys on the MSUM club soccer team, attending the sporting games on campus, Dragons after Dark and homecoming events. When he visits F-M he makes MSUM a part of his trip, as he sits in the CMU to catch up with people and drink coffee.

Cairns has one week left until he returns to London to begin his job at Omnisport, an international sports news agency. In the future, he's sure he will visit in the summer, depending on his job. When asked about moving to America, he's all for it.

"I'd love to come back to America and live for a spell. Yeah, if I could find a journalism job out here I don't see any reason why I wouldn't take it up and move out," he said. "I just loved it even more than I thought I would. I'm always really gutted when I have to go back to England."



Matt Cairns



Submitted Photo

(From bottom left to right) Ed Dowdell, Josh Dudack, Megan Sanford, Matt Cairns, Nicolette Wontor and an unnamed student attend the first Dragons After Dark event of Fall 2012.

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Opinion

Advocate Editorial Board

Adequate school lunch

Since food is a basic necessity for humans to live, we would think children in schools should be offered a nutritious meal no matter what their financial situation is.

According to a recent report, 70 percent of Minnesota school districts have the problem of taking away hot lunches from those whose parents cannot afford to pay, specifically, students who are receiving reduced lunch that costs 40 cents per meal.

Survey results illustrate these schools are throwing away hot meals and replacing them with cold cheese or butter and bread sandwiches. Minnesota legislature should not be proud of this fact.

Some children rely on school lunch as their only meal of the day. Without proper nutrition, children cannot learn new information and might as well not be in school at all.

Let's hope legislature works with Gov. Dayton to help the children who are not receiving needed nutrition at school.

The opinions expressed in The Advocate are not necessarily those of the college administration, faculty or student body. The Advocate encourages letters to the editor and any submissions. They should be typed and must include the writer's name, signature, address, phone number, year in school or occupation and any affiliations. Letters are due by 5 p.m. Friday and can be sent to MSUM Box 130, dropped off in The Advocate office or emailed to advocate@mnstate.edu.

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Society needs to re-evaluate cancer awareness



MAGGIE OLSON
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I am aware that cancer exists. I am aware that causes of cancer can be genetic or environmental. I am aware that cancer can develop in almost any part of the body. A basic understanding of anatomy means I am aware of many types of cancer.

I lost a family member to cancer. I don't know anyone whose life hasn't been touched by cancer, directly or indirectly. If you show a pink ribbon to almost anyone in America, they will be able to tell you what it symbolizes.

So what are cancer awareness events for?

Most of the cancer awareness events I've seen are fun, like the recent testicular cancer awareness dodge ball tournament held on campus. These are an excellent opportunity for people whose lives have been touched by cancer.

They can meet others like themselves to talk about their experiences, or to

not talk about their experiences at all and just have a good time. But that doesn't raise awareness about cancer any more than going to a football game raises awareness about sports.

I think we do need to raise awareness about cancer, but we're raising awareness about the wrong issue.

There is such a focus in our culture on the treatment of cancer that the causes of it are largely overlooked. Sure, we've all heard about how terrible smoking is, how terrible second- and even thirdhand smoke are, but the causes of cancer stretch far beyond the tobacco industry.

"I think we need to raise awareness about cancer, but we're raising awareness about the wrong issue."

In the documentary, "Living Downstream," researcher Sandra Steingraber begins by talking about her family's battles with cancer. Many in her immediate and extended family, including Steingraber herself, have all had cancer. Then Steingraber says, "The punch line of my story is that I'm adopted."

Much of the film is dedicated to the impact agriculture has on contributing cancer-causing agents to the environment, including atrazine, a common weed killer.

The European Union banned

atrazine a decade ago after reviewing evidence that atrazine can cause cancer. Around the same time the Environmental Protection Agency approved its continued use. Today, atrazine is one of the most widely-used weed killers in the United States.

If you're an MSUM student, there's a good chance you grew up in rural Minnesota/North Dakota, where "rural community" is nearly synonymous with "farming community." Our water supply is not atrazine-proof any more than Steingraber's. What happened to Steingraber's family could happen to any of us.

But atrazine is just one chemical. There are carcinogens in the food we eat, the water we drink, the air we breathe.

According to Cancer Research UK, there are over 200 types of cancer. Cancer does not exist in isolation. Environmentalism and the fight against cancer are linked. There needs to be a shift in focus from awareness of cancer to awareness of the environmental causes of cancer.

As new cancers are discovered, the urge to treat and cure the disease outweighs the urge to examine its systemic causes. The battle against cancer continues, but without a more concerted effort into eliminating environmental causes of cancer, it is a war we will all lose.

'Sochi Problems' illustrate first world comforts



JESSICA JASPERSON
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I can't decide whether or not journalists airing out their #SochiProblems on Twitter pisses me off more than Kansas' anti-gay segregation bill, but I'll save Kansas for another opinion piece.

I've been mulling over Sochi and their "unbearable" living conditions since the winter olympics began Feb. 7. I've heard mixed criticism from peers and fellow journalists.

Some say they think it's awesome to see journalists calling out Russia's inability to prepare for the games. Others say this is a literal situation of #firstworldproblems at its finest.

I understand Russia knew for 12 years the winter olympics were going to be held there, and I understand they were given \$51 billion to prepare.

Perhaps the root of my disagreement doesn't stem from journalists complaining, but from the fact that we build pop-up communities to house the olympics.

From my understanding, six of the nine media hotels were finished being built, leaving three hotels unfinished before the storm of journalists flew into 60 degree Sochi. While people are complaining about this, I'm wondering why people are building hotels that are going to be deserted after the olympics end. Let's be real, who goes to Russia on vacation?

"Journalists are paid to watch and report on the olympics in Sochi, yet they are complaining about room conditions."

Although Sochi has gained better roads, a modern airport and better public transportation because of olympic funds, over 2,000 families who lived in Sochi were displaced during renovations, and a large amount of waste and pollution has been created from construction.

Two Twitter accounts, including @SochiProblem and @SochiProblemz, comprise more than 15 accounts bashing Sochi's hotels, arenas and community conditions.

Overall, I'd say the hotel bashing is the worst. Journalists are paid to watch and report on the olympics in Sochi, yet they are complaining about room conditions.

You can't drink the faucet water? Sorry, not sorry to hear that you don't have a luxury millions of people in the world do not have, including some people in America. You can't flush your toilet paper down the toilet? Sorry, not sorry to hear about your "bathroom problems." There isn't an elevator car in some of the elevators? Sorry, not sorry you have to use the stairs now.

Multiple news stories have covered the Instagrams and Tweets of journalists and athletes in Sochi,

setting up the story as some kind of humorous depiction of what Russia wasn't prepared for. I do not find this coverage empowering to the privileged reporters, but embarrassing for those who chose to complain.

If Sochi is going down as the most overpaid and simultaneously unprepared country to host the winter olympics, I think the journalists who complain about the conditions should be known for being the most unappreciative.

msumadvocate.com

Sports

Jandro jumps to title in senior year for MSUM

BY MEGHAN KEIM
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A lyric from the rapper Atmosphere goes, "If I could, I would keep this feeling in a plastic jar." Is there one you would keep? There is for Kelsey Jandro, a senior diver at MSUM.

Some seniors feel this way at the end of their college years as they look back on their memories. For some, they'd keep their best grade, their first internship or their first relationship.

But for Jandro, she would keep the feeling she had when she won the 1-meter diving competition this season at the Northern Sun Intercollegiate Conference championship. After overcoming an allergy to chlorine and a problem with her knee, Jandro continued swimming for 10 years and made many memories. Another favorite memory of her diving career has been "winning conference and meeting (her) best friend, Shayna Dugger."

The girls have grown "super close since freshmen year," according to Dugger. In Jandro's years of diving, friendship with her teammates has always been important. Dugger told a story of their first year after seeing that Jandro qualified for Nationals. She was so excited that she "jumped into the pool and almost got them both disqualified." They did not get disqualified, but there is now a rule discouraging it.

Growing with teammates is one thing, but growing as a team of friends is another. Jandro and Dugger both "have school records now, so (their) names are both on the record board at the pool." They keep growing individually as well.

During John Schmidt's first year coaching diving at MSUM, he has witnessed the team and its individuals evolve. He explains that over the season Jandro has "gotten more confident in herself,

and it has been very noticeable." She has gotten better physically too, as she has now won diver of the week four times, though that's only one of her many accomplishments.

She has accomplished many things in her diving career. Winning her 1-meter event at the NSIC championship is what Jandro would describe as her greatest accomplishment. She explains it as an "out of body experience," and coach Schmidt describes it as the "highlight of his coaching career." Schmidt has previously coached at high school level but had never experienced such a phenomenal meet before as coach.

Going into the meet Jandro was "in the zone" according to Dugger and Schmidt. Though Jandro says she doesn't remember some of the meet because of all of the adrenaline, she remembers being severely focused and ready for the biggest meet of the season up to date. The skills she has learned in diving, such as learning to focus and be a leader of the team, will be skills she keeps going into her life after college.

Jandro hopes to be a sports nutritionist for a college setting after graduation. She plans to go to graduate school, and then use the skills she has learned as an athlete in her professional career. After she finishes her undergrad, she said she "will miss (diving) a lot," and that life without practice and meets will be "normal and weird." Nonetheless, she will keep her friends from the team and her sports knowledge.

Looking forward to the end of the season, Jandro is excited for the future. She recalled her favorite quote, "you can't control the uncontrollable," and applied it to her life as she did before every meet. Not knowing what is coming next is something Jandro is familiar with and something she will use to her advantage for years to come.

Tennis team serves up two wins



Photo courtesy of Dragon Athletics ELIZABETH NELSON • nelsoneli@mnstate.edu

Freshman Jessamy Jones prepares for a volley for the Dragons early this season. The team is 2-1 on the season.

BY TURNER BLAUFUSS
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The Dragons tennis team has won their first conference matchups with ease and look to make a run in the tough Northern Sun Intercollegiate Conference. MSUM coach Oliver Summers is impressed with his team's start and knows success is within reach for his squad. "The team's looking really good. We've been working hard in the offseason, and players have been coming in and playing well," Summers said.

The Dragons faced off against University of Minnesota-Duluth and University of Minnesota-Crookston, winning by scores of 8-1 and 7-2, respectively. The competition was familiar to the team and the margin of victory was better than last year's.

"We just got off to a great start to start 2-0 in the conference. It couldn't be a better start. We beat (Duluth and Crookston) comfortably, and it was a lot closer last year, so that was good," Summers said.

Two young players have emerged as leaders early on with two players undefeated with wins against St. Benedict and the two conference opponents. Freshman Jessamy Jones and sophomore Morgan Smith are off to a great start and look to keep improving.

"So far we've got two players that are unbeaten. Our No. 1 Jessamy Jones and our No. 4 Morgan Smith are undefeated in singles," Summers said.

Other newcomers besides Jones have been contributing with

freshman Rebecca Lukes and senior transfer Cortnei Chance. Summers mentioned the key to the newcomers' and the veterans' success has been their steady play and patience on the court.

"One thing our players in singles have done is being really consistent. We've been hanging in the points really well, and our players haven't been trying to hit winners too soon," Summers said. "The easiest way to win a tennis match is to let your opponents beat themselves ... our players have been doing a good job of that."

The current area of improvement is the Dragons' doubles. The singles have been carrying the squad, and improvement in their doubles could mean getting over the hump against tough squads like Augustana College and Winona State in a year that has shown a lot of adjustment throughout the conference.

"Something we still need work at is our doubles ... we've been working on that a lot in practice," Summers said. "Augustana has won the conference the last five years, and Winona is very tough every year. The conference as a whole has shown a lot of changing in coaching, and a lot of new players have been doing well."

The squad has three seniors to turn to for leadership. Joining Chance are longtime Dragons Kaitlin McNary and Kaitlyn Emerson.

"They know the routine and have been helping a lot of the other players out. The whole team is gelling really well. We're very lucky," Summers said.

The Dragons move on to play at

5 p.m. on Saturday at Courts Plus in Fargo against the University of Mary in conference play.

Summers mentioned it will be a competitive matchup and expects his team to be ready.

"Our next match will be a tough test and will come down to one or two matches," Summers said.

Dragon calendar:

Thursday, Feb. 20

- Track and Field: @ Bemidji State Twilight Meet, Bemidji

Friday, Feb. 21

- Women's basketball: 6 p.m. versus Minot State, Alex Nemzek Fieldhouse

- Men's basketball: 8 p.m. versus Minot State, Nemzek Fieldhouse

- Track and Field: @ at University of Minnesota Snowshoe Open (Men), Minneapolis

Saturday, Feb. 22

- Women's basketball: 4 p.m. versus Mary, Nemzek Fieldhouse

- Tennis: 4 p.m. versus Mary (N.D.), Fargo

- Men's basketball: 6 p.m. versus Mary (N.D.), Nemzek

- Track and Field: @ at University of Minnesota Parents Day Invitational (Women), Minneapolis

Sunday, Feb. 23

- Tennis: 5 p.m. versus Upper Iowa, Fargo

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No shoes, no problem for Walthall

BY BREANN LENZMEIER
lenzmeiebr@mnstate.edu

When the MSUM men's basketball team takes to the court on Friday against Minot State, fans will notice something a little different on the sidelines.

Head coach Chad Walthall will be coaching his team barefoot, taking part in the Samaritan's Feet Project. This is the first year Walthall will be taking part in the project, and he is joining area coaches in the effort.

"It's something that I have been aware of for a number of years. Ron Hunter, a coach at IUPUI started doing it, and it has taken off from there," Walthall said.

Samaritan's Feet raises

money for children in need of shoes. Walthall said he hopes that by doing this, fans will ask questions about it and will bring awareness to the issue.

"This brings awareness, and to help as a basketball program and help people become aware of the need for young people to have something on their feet," Walthall said.

Walthall said he doesn't know what the reaction of the fans will be on Friday.

"It will be interesting. Hopefully, people will ask questions and find out why we are doing it and how they can help," Walthall said.

Walthall said this is a small way to help fix the problem that affects children both locally and around the world. He said that this is bigger than athletics.

If they can do their part to help in a small way, and if they can get one person involved, then it will all be worth it.

Walthall said that it might feel a little different coaching on Friday without shoes.

"I get anxious before games, but that's my job. Once the game starts I will be coaching like I normally do," Walthall said.

Walthall joins NDSU's Saul Phillips, Concordia's Rich Glas and North Dakota's Brian Jones as men's basketball coaches taking part in the Samaritan's Feet Project this year.

Fans will be able to donate at the game on Friday or go online to samaritansfeet.myetap.org/fundraiser/mnstate/team.

Game time is 8 p.m. on Friday against Minot State.

News

Students attend LGBTQA conference: *Connect, educate and discover 'their voices'*

BY MEREDITH WATHNE
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Twenty-four students and one adviser traveled to Kansas City, Mo. Feb. 7 – 9 for the Midwest Bisexual Lesbian Gay Transgender Ally College Conference (MBLGTACC).

Since 1993, the MBLGTACC has been providing educational workshops, inspiring keynotes and a safe environment for the LGBT community and allies to come together. The conference has since become the largest LGBTQA conference in the nation with more than 1,500 attendees.

Those attending had the option to choose from more than 90 different workshops and speakers. Though professionals lead some of the workshops, many are led by students

from both guest and host schools.

"I attended the slam poetry session and the gay forum discussion group," said Todd Richter, vice president of the Gay-Straight Alliance. "My experience allowed me to make new friends and discover who I am."

Other workshops offered discussions on accepting bisexuals and pansexuals and perspectives from polyamorous relationships.

"One session I went to was for bisexuals and middle identities," said Molly Christenson, English literature and women and gender studies junior. "I wanted to go too because it's something that doesn't get talked about that much. It's easy to see gay, straight and ally, but a lot of times bisexuals and pansexuals get forgotten."

The conference was a great learning

experience for those MSUM students who attended. One of the highlights for Christenson was a creative writing session. Like a diary, creative writing gives those who have been stifled a chance to make their voice heard. She plans to start something similar on MSUM's campus in the near future.

"It gives people a chance to find a voice in a different way," she said.

Richter also brought back valuable insight to apply to campus.

"I learned a lot about the Lesbian Gay Bisexual Transgender Queer/Questioning Intersex Ally (LGBTQIA) community as well as how to make our Gay-Straight Alliance (GSA) a more fully inclusive space, and create a stronger presence on campus," he said.

All the students took away valuable insights to bring back to campus and are excited to apply them to MSUM.

"I made a lot of new friends and learned a lot about myself," said Laura Peterson, art and women and gender studies sophomore. "I have a lot of new info I can bring into my relationship."

Overall the experience affirmed faith and inspiration in the American people and the country as a whole.

"I know not everyone supports gender and marriage equality," Richter said. "I believe love is love. I will support all of you no matter who you choose to marry. Marriage is a beautiful thing. We may not be interested in the same people, but we are all human beings who deserve to find the best possible partner in life."

GALA, FROM FRONT

The gala hosted some significant faces from the Fargo-Moorhead area. David Tack, MSUM alumnus and professor in the school of Teaching and Learning, was emcee for the night. He had the honor of introducing Cory Elmer, president of the Alumni Foundation board. Tack also introduced Kerstin Kealy, an MSUM alumnae and current anchor for WDAY. Kealy was a past recipient of the Founders Scholarship.

President Szymanski gave a brief but heartfelt speech, recognizing that this year's event would be her last as president. "I've been privileged to be a part of this community ... Tonight's event is about our students, and I look forward to hearing about how wonderful it is for many years to come," Szymanski said.

After dinner two of this year's recipients gave short speeches on what winning the Founders Scholarship means to them.

The special guest speaker for the night was Mark Lindquist, a world-touring entertainer who boasts roles in the popular TV shows "Lost"

and "Hawaii Five-O," and the film "Battleship." He founded his own LLC, and recently presented at TEDxMinot and TEDxGrandForks.

Despite the extravagance of the night, the goal of the gala was to recognize the hardworking, deserving students of MSUM.

The Founders Scholarship is need-based. In order to be considered for the scholarship, students must have a GPA of 3.0 or higher and be taking at least 12 credits in the semester. Along with these requirements, students must write an essay. The office of financial aid

chooses recipients based on their ability to meet the requirements and their amount of need. The number of recipients varies each year depending on how much money the Alumni Foundation was able to raise. This number has been steadily increasing each year since the event began.

This year the recipients of the scholarship represented students from a variety of majors and all class standings at the university.

Julie Eisenlohr, a fall 2013 graduate with a degree in Mass Communications, was one of the 13 students chosen to receive the scholarship this year.

After receiving a letter in the mail explaining she had been chosen for the scholarship, Eisenlohr said, "It was a relief knowing I wouldn't have to take out as many student loans as I normally would have in order to pay for tuition for my last semester."

"Getting a scholarship of this sort is like someone telling you, 'I see how hard you've worked; keep it up.'"

- Jessica McCarlson, English Junior

Eisenlohr explained that she almost didn't apply because she felt her chances of being picked were not very high.

"When I first read the requirements I thought that I would probably not be chosen since there would probably be a lot of other students applying for it. I decided to apply anyway."

Alyssa Visby, a junior Elementary Inclusive Education major, was also a recipient this year. She said the

Founders Scholarship "stood out" to her when she was researching the various scholarships MSUM offers.

Over the summer, when she received the letter telling her she had been chosen for the scholarship, Visby, "... called my mom, and I was so excited. I remember I was alone at my house, and I couldn't stop smiling. I was in shock and so grateful."

The topic for this year's essay was "Why is a college education important to you? How will you use your educational experiences to make the world a better place?"

Visby called on past experience to help her compose her essay. "I felt the essay was easy for me to write," Visby said. "I talked about past professors and my eighth grade teacher, who passed away unexpectedly while I was in his class. The impact they had on me was what made the essay easy to write."

Jessica McCarlson, a junior English major, was also a 2013-14

recipient of the scholarship and was surprised to be chosen.

"When I was in high school, I didn't receive very many of the scholarships that I had applied for and just assumed that I wasn't good enough. But college has been like a fresh start ... Because the founders scholarship is need based, it means that there are people out there who care about the education of all students, not just the ones who seem like the most obvious first choice for scholarships," McCarlson said. "Getting a scholarship of this sort is like someone telling you, 'I see how hard you've worked; keep it up.'"

Eisenlohr, Visby and McCarlson all enjoyed attending the gala.

"It was really nice to see so many people come to the event in support of the great students of MSUM," Eisenlohr stated.

"I have been to similar events before, but nothing like this. Uniting donors, recipients, faculty and parents was a unique, rewarding experience," McCarlson added.

Visby agreed. "It was an amazing experience," she said.

PANEL, FROM FRONT

Students sat in tables of seven to eight people and met with a visiting communication professional for about seven minutes before Miller called for the professionals to switch tables. Students had the opportunity to ask any questions they had and got to know the area professionals. About 90 students attended and met with about 12 area communications professionals.

Companies represented were Flint Communications, Titan Machinery, Sundog, the Fargo Theatre, KVRN, On the Mind of Moms, the Fargo-Moorhead Economic Development Corporation, here.com and MSUM.

For more information on careers, networking or searching and preparing to apply for future jobs, visit the Career Development Center located in Frick 151.

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