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THE ADVOCATE

MSUM hosts alumni cross country event



MSUM's weekly student newspaper

Moorhead, Minn.

Thursday, Sept. 2, 2010

Vol. 40 No.2

Volleyball kicks off season



Young team hopes for success this year

See pg. 9

Concordia Farmers Market

Market brings fresh, local foods to the masses



See pg. 6

Gorsline becomes new dean

Former communication studies professor is new dean of university college

See pg. 6

Wellness Center abuzz



New classes, equipment and energy bring in students

See pg. 10

Make comments, view photos and read stories online at www.msumadvocate.com.

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Holmquist reopens after hiatus



Nathan Bergeson/The Advocate

Holmquist Hall has reopened this year after closing in Summer 2008. "No scandal of reopening a condemned building," said Heather Phillips, director of housing and residential life.

BY HOLLY LAVECCHIA
Copy Editor

After a year standing vacant and a year housing faculty refugees of the Lommen renovation, Holmquist Hall has been reopened to students this fall.

Along with the American Indian Research and Resource Center, and professors from the education, sociology

and criminal justice departments, 108 students currently reside in Holmquist. The entire third floor of the 1969-built hall is filled with students. The first floor is offices and the second floor is shared evenly between students and education department teachers.

There was never a statement put out to campus about why Holmquist was closed in June of 2008.

Heather Phillips, new director of housing and residential life in August 2009, said, "At that point, there wasn't a need for those beds. We had enough spaces available within the system so that hall was selected as one to close."

In summer 2009 when renovation of Lommen commenced, moving those displaced departments into the empty residence hall was an obvious decision,

Phillips said.

"That's been a partnership where folks needed some office space and we had some space available," she said.

But as a result of more students re-contracting to live on campus again and the anticipation of higher enrollment for new students, housing staff decided this summer that

SEE HOLMQUIST, BACK PAGE

Changes in student loans require student accountability

BY BRIANNA BRICKWEG
Staff Writer

Financial aid is a challenge every college student will face. Now MSUM and colleges across the nation are changing up the game plan.

With the enactment on the Student Loan Reform Act the past spring, the way federal and private loans are processed has been altered and it is important that students are aware about what changes affect their loans and students become accountable.

The Student Loan Reform Act was finalized in Spring 2010. The changes in federal loans became effective on July 1, and the changes in alternative education loans became effective on April 1.

Changes that affect MSUM are regulatory changes that impact private

loans, or as they are listed on the financial aid award letter, alternative education loans.

Previously the process for taking out an alternative education loan was online. The student would go online, request the loan by submitting a loan application and the cosigner would provide necessary information.

The lender would do a credit check and if it's approved the lender would notify the student and the school. At this point the school would certify the loan and the loan would be disbursed.

Due to the changes in alternative education loans, three major disclosures have been added that the student has to sign and return in paper back to the lender. This means banks are now

required to give students basic information about a loan's terms and potential costs before the student signs for the loan. The student must show he or she understands the terms of the loan.

"Going from a process that in the past took approximately ten days from start to finish, now we have to plan on about six weeks," says Carolyn Zehren, the director of the office of scholarship and financial aid at MSUM.

Part of the reason the process takes longer now is because all student loans go through what is called a rescission period. Rescission allows the student to rescind the approval for the loan and to cancel the loan.

The period is a minimum of three days after the lender

receives the disclosures and before the lender can disburse the money. This has always been mandatory for loans such as home loans but is now mandatory for student loans as well.

Zehren says the lengthiness of the process is something that is out of the financial aid office's control because the office is unaware the student has applied for the loan until all three disclosure statements have been signed and returned back to the lender.

The financial aid office does not have access to check on the student's eligibility for the alternative education loan because now, through the reform act, they are prohibited to access the loan information until the bank has sent the school all the paperwork and approved the loan. The

student has to go back to the lender and get updated status information.

"Students are going to be wondering why their money is not here or why they haven't heard anything and they're going to wonder why we don't know anything. And the problem is we can't," says Zehren, "We are sorry, but this is out of our control. It is not our decision, we [the financial aid staffers] don't like it," Zehren says.

Shirley Glass of the Bank of North Dakota says that while the paperwork can be frustrating, it shows the students everything they need to know about the loans upfront.

"The rationale Congress had when they passed this law was they wanted

SEE STUDENT LOANS, BACK PAGE

Crashing the party

Moorhead Police will crash the party around college campuses to enforce underage drinking laws and charge adults who provide alcohol to minors during upcoming weekends.

Moorhead Police urge those younger than 21 to be fully aware of underage drinking penalties and remind adults there are serious consequences for providing alcohol to minors.

An underage drinking citation in Clay County is \$185 for a first offense, and can require community service.

Adults who provide alcohol to minors will be held responsible and face serious criminal and legal consequences. They are also subject to civil liability in cases of injury, property damage or death.

Under the state's "Not a Drop" law, if a driver under age 21 is cited for any amount of alcohol use they will lose their license for at least 30 days, face up to \$700 in fines and 90 days in jail. Minors will lose their license until age 18 if they are arrested for DWI.

OSA meeting

The Office of Student Activities is holding an informative meeting to help student organizations get on their feet.

Every student organization must have at least one member at one of these assemblies and one student may represent multiple organizations.

For questions, email osa@mnstate.edu or visit the Office of Student Activities in CMU 222.

Campus vehicle use

Student organizations using state vehicles for any reason must have each driver read the vehicle safety program information and the online Vehicle Use Agreement form. Driving records will be checked with the Vehicle Use Agreement form information. Each driver must have an acceptable or conditional driving record according to the Department of Motor Vehicle check.

Please be aware that if your information was submitted during the 2009-2010 academic year and you are a resident of Minnesota or North Dakota, it has been automatically been resubmitted. However, you must check to make sure it has been approved. Also, if you have turned 21, you must update that information and resubmit your form.

For any questions, contact JoDee Anderson, Assistant Director of Leadership and Organizations at 218.477.2120 or Sandy Schob, Activities Business Manager at 218.477.2486.

National Briefs



Palin not fit for presidency

Sarah Palin is not fit to be president of the United States, thinks 59 percent of Americans according to a 60 minutes/Vanity Fair poll. Republicans also split 47-40 on the question of whether Palin can lead the country.

Pay to use "face"

Facebook is attempting to trademark the word "face," preventing any other social-networking sites from using the word in their brand names. Facebook has also pursued legal action against Teachbook.com and place book for the use of the word "book" in their name.

Terrorists pass security

Two men were charged with "preparation of a terrorist attack" and arrested "at the request of American authorities," according to a spokesman for Dutch public prosecutor Ernst Koelman. The suspects, Ahmed Mohamed Nasser al Soofi, of Detroit, and Hezem al Murisi, were aboard a Chicago-to-Amsterdam United Airlines flight and arrested after touching down in the Netherlands. Al Soofi went through security in Birmingham Alabama where officials found \$7,000 in cash, a cellphone taped to a Pepto-Bismol bottle, several watches taped together, a box cutter and three large knives in. He was allowed to board the flight to Chicago where he was scheduled to board a flight to Washington's Dulles International with connections to Dubai and Yemen, his reported homeland. Al Soofi did not board this flight and was joined by Al Murisi, according to officials. When officials learned Al Soofi was not on the flight to Dubai, the plane was ordered back to the gate so his luggage could be removed. No evidence of explosives was found.



Interim Director of Campus Security Mitch Osland

SECURITY UPDATE

Student injured from fall

A student fell outside MacLean Hall and sustained injuries on Aug. 23.

Paraphenalia found in lot

Drug paraphernalia was found in the H.E.C. parking lot on Aug. 24.

Stolen backpack reported

An officer took a report of theft of a backpack from outside of the MSUM Bookstore on Aug. 25.

Search warrant put into action

An officer assisted Moorhead Police with an execution of a search warrant on campus on Aug. 27.

Underage drinking in dorms

Two students in Grantham Hall were cited on Aug. 27 by the Moorhead Police for underage consumption and were warned of the new Moorhead Social Host Liability Ordinance. Both were referred to MSUM Judicial.

Students found on roof

Two students were found on the Ballard Hall roof and referred to Campus Judicial on Aug. 27. The Moorhead Police were contacted about the incident.

Noise violation in East Snarr

Six students were warned in East Snarr for noise violation by Public Safety Officer on Aug. 28.

Stolen bike reported

A bike was stolen from the bike rack outside South Snarr on Aug. 29.

Trespassing on campus

Officers responded to a suspicious non-student loitering north of Nelson on Aug. 29. The male trespassed on campus property.

Campus Calendar

Sept. 2 - Sept. 8

- 9.2 **8a.m.-5p.m.** Multicultural Office
10:30a.m.-1:30p.m. First link
11a.m.-1p.m. Rugby Table
5p.m.-11p.m. Campus Crusade for Christ
- 9.3 **8a.m.-1p.m.** Apple User Group
8a.m.-5a.m. Multicultural Office
8:30a.m.-10a.m. Fire Up Friday
9p.m.-12a.m. Friday Nights
- 9.4 **8a.m.-5p.m.** Multicultural Office
Noon-5p.m. Locker room in use for visiting soccer team
1p.m.-4p.m. Soccer vs. Viterbo University
- 9.5 **9a.m.-9p.m.** Gamma Phi Beta Informal Recruitment
1 p.m.-4p.m. Soccer vs. Minot State Univrsity
- 9.6 **8a.m.-5p.m.** Dragon Fest
8a.m.-5p.m. Women's Rugby
9a.m.-9p.m. Gamma Phi Beta Informal Recruitment
- 9.7 **8a.m.-5p.m.** Dragon Fest
8a.m.-5p.m. Women's Rugby
9a.m.-9p.m. Gamma Phi Beta Informal Recruitment
3p.m.-3:50p.m. ARO - College Success Workshops
7p.m.-8:30p.m. Biochemistry and Biotechnology Seminar
- 9.8 **8a.m.-5p.m.** Dragon Fest
8a.m.-5p.m. Women's Rugby
9a.m.-4p.m. Essentials of Nonprofit Administration
9a.m.-9p.m. Gamma Phi Beta Informal Recruitment
10a.m.-3p.m. National Guard ROTC Display



The Advocate

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The Advocate encourages letters to the editor and your turn submissions. They should be typed and must include the writer's name, signature, address, phone number, year in school or occupation and any affiliations. Letters are due by 5 p.m. Monday and can be sent to MSUM Box 130, dropped off at The Advocate office in CMU Room 110 or e-mailed to us at advocate@mnstate.edu. The Advocate reserves the right to edit letters and refuse publication of letters omitting requested information. It does not guarantee the publication of any letter.

"Is this love thing worth my time?"

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The Advocate is always looking for talented writers, photographers, columnists and illustrators. Meetings are held at 2:30 p.m. every Monday in CMU 110. Contact the editor for more information or come to the staff meetings.

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'Mad Men' continues hot streak at Emmy's

BY CHRIS WITKOWSKI
Staff Writer

The 62nd Primetime Emmy Awards were held on NBC hosted by "Late Night" host Jimmy Fallon, who brought in laughter and numerous song and dance routines to the Nokia Theatre in Los Angeles, CA. In the drama category "Mad Men" received the most nominations with 17. In the comedy category "Glee" received 19 nominations and the miniseries to receive the most nominations was Tom Hank's and Steven Spielberg's "The Pacific" with 24 nominations. Home Box Office (HBO) took home the most hardware with 25 Emmy awards.

- Outstanding Drama Series:** "Mad Men" (Third year in a row)
- Outstanding Comedy Series:** "Modern Family"
- Outstanding Miniseries:** "The Pacific"
- Outstanding Variety, Music or Comedy Series:** "The Daily Show with Jon Stewart" (Seventh year in a row)
- Outstanding Variety, Music or Comedy Special:** "Kennedy Center Honors"
- Outstanding Made for Television Movie:** "Temple Grandin"
- Outstanding Reality-Competition Program:** "Top Chef"
- Outstanding Reality Host:** Jeff Probst (Third year in a row)

- Outstanding Lead Actor in a Drama Series:** Bryon Cranston for "Breaking Bad" (Third year in a row)
- Outstanding Lead Actress in a Drama Series:** Kyra Sedgwick for "The Closer"
- Outstanding Lead Actor in a Comedy Series:** Jim Parsons for "The Big Bang Theory"
- Outstanding Lead Actress in a Comedy Series:** Edie Falco for "Nurse Jackie"
- Outstanding Lead Actor in a Miniseries or Movie:** Al Pacino for "You Don't Know Jack"
- Outstanding Lead Actress in a Miniseries or Movie:** Claire Danes for "Temple Grandin"
- Outstanding Supporting Actor in a Drama Series:** Aaron Paul for "Breaking Bad"
- Outstanding Supporting Actress in a Drama Series:** Archie Panjabi for "The Good Wife"
- Outstanding Supporting Actor in a Comedy Series:** Eric Stonestreet for "Modern Family"
- Outstanding Supporting Actress in a Comedy Series:** Jane Lynch for "Glee"
- Outstanding Guest Actor in a Drama Series:** John Lithgow for "Dexter"
- Outstanding Guest Actress in a Drama Series:** Ann-Margret for "Law & Order: Special Victims Unit"
- Outstanding Guest Actor in a Comedy Series:** Neil Patrick Harris for "Glee"
- Outstanding Guest Actress in a Comedy Series:** Betty White for "Saturday Night Live"

Witkowski can be reached at witkowskch@mnstate.edu



SUBMITTED PHOTO

Musical Dragons produce CDs through the school year

BY MATT LECH
Staff Writer

New bands are formed constantly. Whether it's to make beautiful music, beautiful friends, or beautiful money they generally want their music heard. The Music Department's Audio Production Program and its Dragon Tracks compilation are here to help.

Dragon Tracks itself is annually comprised of material selected from music recorded throughout the year by students of the Audio Production Program here on campus.

"You're learning as you go," Seth Stoxen said. Stoxen is a music industry major with recorded material on the past two Dragon Tracks releases. For those seeking careers in audio production, recording bands is an obviously valuable exercise.

Recording this way offers bands an alternative to booking a professional studio, something Peter Baumgartner, drummer of Duluth rock trio The Real McCoys, "is not a huge fan of." The band's displeasure with their studio experiences has recently led them to forego it altogether.

Baumgartner prefers a do-it-yourself approach to recording

rather than to "call the studio, book a time, practice our songs to death beforehand so we can minimize time re-recording tracks, and then go in and just do it with some guy we've never met before." For this hassle, musicians are often asked to pay over \$50 an hour to rent the studio.

"This way is going to be a lot cheaper," Stoxen said, "but you're going through students so the quality might not be as high depending on what student you get." Quality issues aside, it's difficult to complain about a program that provides musicians with free studio time. Stoxen said that musicians sometimes take advantage of the lack of time limits, something he says shows a lack of experience on their side as well.

The service is open to any musician who wishes to have their music recorded of the audio production students, with the Dragon Tracks compilation showcasing the standouts. Musicians wanting to record can contact a student in the program or Professor Ryan Jackson at jacksonr@mnstate.edu.

Lech can be reached at lechma@mnstate.edu.

Downtown studio promotes wellness

BY MATTHEW BECKMAN
Staff Writer

Students looking for a breather from the start of classes might want to consider chilling out at ecce art and yoga.

The downtown Fargo studio is approaching its second year anniversary of operation under the direction Fargo born and raised brother and sister duo Mark and Brenda Weiler.

"We're pretty close, we were a year apart in school," said Brenda Weiler about their happy working relationship, except for the few times they butt heads over "brother and sister stuff."

The website for ecce accurately describes the studio as a community arts center. Each sibling brings their specialty dish to the community arts potluck; Mark Weiler heads up the art side of the studio, which faces Broadway in Fargo, and Brenda Weiler instructs yoga lessons with her husband Derek Harnish in the back side of the studio.

"We kind of wanted to combine all these different things that we're both really passionate about like, art and music and yoga," said Brenda Weiler, the yoga instructor. So far the studio offers yoga lessons, art exhibits, and irregular live music and movie showings.

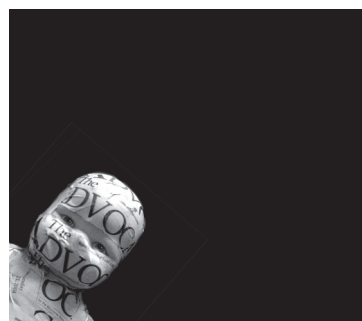
The clean and simple aesthetic of the studio won't distract patrons from the featured art, with wood paneled floors butting up to bare brick walls, which rise into a high ceiling, giving yoga practitioners room to breathe. The large capacity space hardly feels empty, with events lined up, including yoga classes, music shows, movie showings and local artist exhibits.

Yoga classes happen on a weekly basis, with different rotating season schedules, and different levels of yoga skill catered to. Beginner and more advanced classes are offered, and even some times for open practice, where Brenda Weiler will supervise and offer tips if needed.

Local featured artists usually come in and show art for about three weekends. The public is invited to attend and meander around the studio, and can even chat with the artists themselves. The result is a calm and intimate atmosphere.

The movie showings and live music happen at irregular intervals, but an upcoming events calendar can be found at www.eccer216.com, displaying the full range of events, along with a yoga schedule and prices.

Beckman can be reached at beckmanma@mnstate.edu



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Advocate **editorial** boardKelsie O'Keefe
Assistant EditorLocal food for
thought

Our food travels an average of 1,500 miles before ending up on our plates, according to www.localvores.com. Our food comes from everywhere yet we don't have any idea where.

A locavore is someone who shops within a 100 mile radius of their home to promote fresh, organic foods, and local economic health, among many other reasons.

Organic foods supposedly contain more vitamins, minerals, enzymes and taste than intensively farmed produce. They are also free from insecticides, pesticides, growth hormones, antibiotics, fertilizers and other toxic artificial additives, flavorings, colorings and preservatives.

With choices for local and organic shopping and dining like Concordia's farmers market, the Hodo, Tochi, Green Market, Dike West farmers market, Plain Food Market, Sydney's Health Market and more. FM area options are becoming more prevalent.

But it's difficult, especially for college students in the Midwest, to shop 100 percent local and organic. Our options are still limited and organic is expensive.

Being a locavore in the Midwest is still particularly difficult. It requires a lot of canning, and no fresh fruits or vegetables throughout the winter. This isn't an appealing thought or even an option for many of us. Buying organic where you can helps, and when you can't, at least buy local and support FM's economic health.

"Local food is often safer, too," says the Center for a New American Dream (CNAD). "Even when it's not organic, small farms tend to be less aggressive than large factory farms about dousing their wares with chemicals."

It's still summer so students can practice being a locavore and heading over to any farmers market or local outlet to get your fresh, locally grown food.

5 of The Daily Green's foods to eat organic

1. Celery: Celery has no protective skin, which makes it almost impossible to wash off the chemicals that are used on conventional crops.

2. Spinach: New on the list for 2010, spinach can be laced with as many as 48 different pesticides making it one of the most contaminated green leafy vegetable.

3. Bell Peppers: Peppers have thin skins that don't offer much of a barrier to pesticides. They're often heavily sprayed with insecticides.

4. Apples: Like peaches, apples are typically grown with the use of poisons to kill a variety of pests, from fungi to insects. Scrubbing and peeling doesn't eliminate chemical residue completely, so it's best to buy organic when it comes to apples. Peeling a fruit or vegetable also strips away many of their beneficial nutrients.

5. Potatoes: America's popular spud reappears on the 2010 dirty dozen list, after a year hiatus. America's favorite vegetable can be laced with as many as 37 different pesticides.

To read more about foods to buy organic, go to www.thedailygreen.com.

Interested in writing
a column?

Come to the "Columnist Workshop" and learn about what a column is and how to get one. All interested students are invited. Required for all columnists.

Next Wednesday at 5 p.m. in CMU 110

A degree to what degree?



Kimberly Ehrlich

Opinion Editor

My whole philosophy is that without an equal education, a person can't get anywhere in life. President Obama is increasing Pell Grants, initiating tax credits and all towards one goal—to get every American high school student into college. The perception these days is that without a four-year degree you won't be able to find a job. But is all the stress and money worth it?

After a long appointment, my friend gives me a strained smile, "I should have quit two years ago when my advisor told me to." This particular friend of mine has been in school for five years and needs one more to finally graduate. At the Counseling Center, he says, they sat him down for a different kind of talk. It wasn't the normal higher education speech that you see everywhere. It wasn't what newspapers and radio ads tell us: "Come to Awesome University and improve your life!" Even online universities advertise with that idea in mind; if your life isn't where you want it to be, you should be in college.

But is that the answer for all of us? Instead of telling my friend to stick it out in school, the counselor suggested that maybe not every single person is cut out for higher education. Yes, you may come to school with the desire to acquire a job where you don't have perform to manual labor or work at McDonalds, but you don't necessarily need a bachelor's degree to do that. There are options in two-year degrees or even in training programs. There's nothing shameful about getting a two-

year degree, but that's how it's perceived sometimes. There are successful people out there without a degree, surprising as that might be. Think about your dream job and figure out what you need to achieve it. Will sitting in a lecture class help you get there?

The point isn't that you might need a bachelor's degree to get a job, the point is that you're living your life right now. This isn't an interim between what you can't have yet and what you're working towards. Why does education constantly have to be a series of goals to that final destination of, what, retirement?

Last year, I wrote an article telling my friends and fellow students that it's alright to take a break from school. Well, maybe it's time to consider who you are and where you're going. Maybe you've heard everywhere that the only way to get a job right now is with a bachelor's degree. I'm not here to say that's wrong, I personally don't know. I'm here to say, though, that if it's not working for you, why force it? Ask yourself, are you getting enough out of a four-year program? Will you have the skills when you graduate to get a job and have it be worth the time? And finally, are you just doing this to get a job?

Not sure about your future?
e-mail Ehrlich at
ehrichki@mnstate.edu

We're looking for something sexy.



The Advocate is currently searching for a sex columnist to write about real issues dealing with sexuality and relationships. E-mail a sample column to advocate@mnstate.edu.

The opinions expressed in The Advocate are not necessarily those of the college administration, faculty or student body.

The Advocate encourages letters to the editor and your turn submissions. They should be typed and must include the writer's name, signature, address, phone number, year in school or occupation and any affiliations. Letters are due by 5 p.m.

Monday and can be sent to
MSUM Box 130,
dropped off in The Advocate office
or e-mailed to advocate@mnstate.edu.

Surreptitious: why is everyone lying to me?



Holly Lavecchia
Columnist

Surreptitious: adj. Done, made, or acquired by stealth, or acting or doing something clandestinely. It's based on the Latin elements meaning "secret" and "seize."

I'm always surprised when people who are intelligent or at least half-way educated like us, can be drastically swayed by one person saying one thing.

Have you ever been physically in the middle of a heated conversation between two people who are arguing vehemently, truthfully, cleverly for opposing sides and you, possessing zero information of the subject being disputed, just listen attentively and switch sides repeatedly whenever one brings a

new point to the surface?

What if the two people arguing have inaccurate information? Even worse, what if they each have an agenda and they are being something other than honest? I think it would be fair to say that your perception of the truth is now disturbingly skewed.

Sometimes this isn't meant maliciously. It's just fact resurrecting itself as fact's evil cousin, Fact (note the capital F). For example, I am a scientific authority. (If you knew my score of the science portion of the ACT, it would be obvious at this point that we have broached the hypothetical.)

Okay so hypothetically, I'm a scientific authority and I'm going to drill into your head that a small rock made of ice, Pluto to be specific, is a planet. You will believe it your entire life, name Mickey's dog after it, sing songs about its special place at the end of the

Milky Way. And then, when you finally think you have a confident grasp on all things galactical, it's ripped away from you. "We were wrong," those bastards tell us. "Oops," they say.

Very recently a new friend of mine informed me that the Triceratops never existed. Never. Existed. She told me that there had only ever been one complete skeleton and that scientists made the decision that it was a fake, the guy who "discovered" it was just trying to become famous. And he did.

I was livid. So much so that I told many people, most of whom responded with some variant of "No freaking way!" This cycle continued until I told a particular friend who shook his head and corrected me. He said that although Triceratops is not actually a distinct species, the one skeleton found was an early-in-its-development Torosaurus. Not as

maniacle as I had thought.

So basically, despite many of its other less severe squabbles with Fact, "The Land Before Time" remains pristine.

When I was quite young, my older cousin told me that the Devil invented music and it still baffles me that I believed it enough to remember it now.

But what if it isn't a ridiculous, counterfeit rambling of a 7-year old to a 6-year old or some dinosaur talk amongst friends?

What happens when people are told things that are untrue too many times by people who are supposed to be honest? They become disillusioned. It may not be like a switch where one day someone thinks, I trust authority. And the next they want to send every congressperson somewhere horrible and unmentionable like Nova Scotia while lecturing them on how we deal with those who waste our time

and money, as they are forced to repeatedly view that graphic about global warming where the iceberg breaks into smaller pieces as the cute virtual polar bear tries to climb on top to rest.

It's worse than that, it isn't a switch, it's slow and surreptitious and people become hardened and apathetic and uncaring because no one has anything to offer them that resembles the truth.

And there is nothing we can do about it. Because the list of potential things that one could know is infinite, believing everything everyone says is an act of self-preservation. Because who has enough time to fact-check their every moment and exchange?

Liked Pluto and Triceratops?
e-mail Lavecchia at
laveccho@mnstate.edu



Illustration by Tara Miady / The Advocate

In love with Love



Bibhusha Karki
Columnist

The idea of love is so complicated that it is beyond my ability to describe. Every time we talk about it, we try to philosophize it. But what is love? This question remains unanswered. Pondering this, I realized, that really, I am in love with LOVE. When I think of my "hero", I always picture myself happy with him, in a beautiful garden, lost in our own world. But the truth is, I never picture myself talking about paying house mortgages, changing dirty diapers and having arguments.

Human relationships have become so complicated that everyone needs to have a companion. Even my fourth grade cousin has a girlfriend! Each relationship is a lesson learned, but then every time we do it, we fall into the same situation all over again. I think it's because we all are, like me, in love with love. We think being single is weird because all our friends are in a relationship. Most of us in search of a companion are constantly logged into Facebook or are registered on dating websites. We ignore the relationship with ourselves; as a friend said to me few days ago 'humans fear loneliness' or do we fear being left out of the club?

Like many other people out there, I too, had a crush on a person who never valued or understood me. The question of expressing my feelings came to mind; the words just never came out because I feared I might lose the company I had with him. The fear that he might find someone else killed me. I started to alter myself and did everything that I could to help. But I forgot I am already beautiful the way I am. I realized the act was not because I loved him, but because I am in love with LOVE.

Another dear friend of mine is waiting for the perfect girl. As he described to me his type: beautiful, elegant and sophisticated, I was dumbstruck because he was in the same boat as me. I had hoped he would be excluded from that, but things never happen the way they should.

Most of us want a partner that we can trust, understand and grow with. The outer beauty fades, but it is the inner one that lasts. I did not tell him, as I was occupied in my contemplations of people being like me, about ignoring the beauty of a person's heart. What if the perfect looking partner never understands you? If she doesn't look as beautiful as when you met, would you become less attracted to her? Even among perfect looking couples, there might not be the attraction there once was. People in relationships can still be lonely.

Love cannot be measured by the amount of time you spend with a person or the things you do. Love is just love. We think about millions of things when we are trying to get to know a person. Do we ignore the bad things at first and then later, only observe the bad things, because we all are in the same situation?

My whole point is, let us all open our hearts for the person, not to the term "love" and take chances to know each other without dreaming of the perfect love story. Only ordinary love stories are the ones that are real.

And for those of us, who, like me, are single, I'll quote a Bollywood movie--"There is always a happy ending, if things are not happy, it is not the end, the story is still going on."

In love with Bibhusha?
e-mail Karki at
karkibi@mnstate.edu

The boycott of reason



Ban Anselmino
Columnist

Target is an evil, anti-gay corporation out to destroy the world or at least that's the latest gossip amongst bored housewives across the country.

Target, Best Buy, and several other Minnesota-based corporations recently took advantage of a Supreme Court ruling last January which removed the limits on political contributions from corporations and labor groups by donating to the bipartisan group MN Forward. The political left has accused MN Forward of being an anti-gay conservative effort spearheaded by the

Republican gubernatorial candidate Tom Emmer, one of six politicians supported by MN Forward.

The organizations MoveOn.org and more specifically The Alliance for a Better Minnesota have displayed much opposition to the use of corporate money in the race for governor and the latter has sponsored several misleading and false ads intended to discredit Mr. Emmer's platform.

Unfortunately, MoveOn.org took it upon themselves to call for a boycott against Target, using Mr. Emmer's opinions on homosexuality and same-sex marriage to stir the masses, with the logic that a donation to a group who supports Emmer by default supports his entire collection of ideologies (never mind the conflicting ideologies of the other candidates supported by MN Forward).

I have neither the room nor desire to defend Emmer, but I do want to see this Target deal nipped. MoveOn.org very specifically ignores the fact that MN Forward supports three Farm Labor Party members as well, and their primary mission is to encourage business in Minnesota. Target has publicly acknowledged its acceptance of homosexual employees in the past and this fiasco does not change that. It's only logical to assume Target is more interested in the business aspects of MN Forward's candidates than the religious calling, and Target is definitely more interested in profit-maximization than moral debate.

This boycott isn't accomplishing anything except the spread of ignorance.

Boycotting boycotting?
e-mail Anselmino at
wanselminbr@mnstate.edu



Illustration by Tara Shueller / The Advocate

Missing Winter -Shim.

Concordia offers weekly farmers market



Melissa Muehlbauer / The Advocate

Students go through the line at Concordia's farmer's market on Tuesday. A variety of fresh products were available for sale.

BY STEPHANIE ENTINGER
Staff Writer

With a steady stream of traffic, Concordia's weekly farmers market has become popular with students, faculty and the community.

On Tuesday afternoons local vendors sell different items including organic meat, various vegetables, chips and salsa, cookies and honey. Most of the tables had vegetables.

Vegetable vendor Owen Sivertson said, "If grown fresh, it is healthy and has more flavor." Sivertson sells fresh corn, onions, peas, and other produce by the pound.

"There is a variety of different sellers," Shane Sessions said. As one of the summer's interns, Sessions sells the vegetables from Concordia's garden, Cornucopia.

Set up in the Knutson Center

on Concordia, the farmers market and the Concordia garden began with concerned students who wanted to raise awareness for sustainable living.

Gretchen Harvey, assistant professor of history, is a member of the Sustainability Task Force at Concordia that funded the campus's garden. The garden spurred the idea of hosting a weekly farmers market. According to Sessions, profit goes back into the garden for next year. Sessions and Nathaniel Cook, another summer intern, planted and cared for the garden.

"We wanted to show urban people with just a trellis or patio that you can garden and practice sustainable living," Harvey said.

Shoppers milled around the eight tables, buying groceries to cook with for the coming week. Starting at 4 p.m. and continuing until 7 p.m. the indoor market is

every Tuesday until Nov. 9.

"I needed vegetables and I love organic, local food," said Miranda Hendrickson. As a resident of Moorhead, Hendrickson bought produce at two of the stands saying that she wanted to support local vendors.

"This farmer's market allows local vendors to sell the freshest and healthiest food possible and supports the sustainable mission," Cook said. "It was

easy to implement, basically self-sustaining, highly visible and one that can impact the community."

Those who wish to set up a table at the farmers market should contact Gretchen Harvey at harvey@cord.edu. The farmers market also has a blog page at <http://blog.cord.edu/freshdirt/>.

Entinger can be reached at entingst@mnstate.edu



Melissa Muehlbauer / The Advocate

Tomatoes are among the many fresh produce available at the farmer's market at Concordia.

New dean at MSUM

BY CONOR HOLT
Staff Writer

For incoming freshman this year, the Dean of the University College is a new face along with every other professor and staffer. But for returning students, the new dean is a long respected MSUM professor, Denise Gorsline.

Gorsline has been a professor at MSUM for eight years. She was part of the communications department and has taught honors speech, training and development, and argumentation and debate, along with many other classes.

As Dean of the University College, Gorsline now oversees the honors program, the Corrick Center, the Dragon Core, the Living and Learning Communities and many other areas of student academics.

Her goals as dean include improving student retention, improving the Living and Learning Communities and helping undeclared students. To sum up her mission, she wants to "have students stay here and be successful, and but not stay too long."

Gorsline applied for the position of dean during the last semester. Dean of the university college is an entirely new position at MSUM this year. After qualifying as a finalist in the application process along with two other professors she was interviewed extensively, and also participated in an open forum at the end of the year where students and staffers could ask questions about her opinions and objectives on being a dean.

On the last day of term, Gorsline got the call from President Szymanski offering her the job.

"I was very excited," Gorsline said. "Then the reality hit me that I wouldn't be teaching, so I was depressed. But I'm very excited."

DEAN, BACK PAGE

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Alumni help cross country tune up

BY MICHAEL SMITH
Sports Editor

The 2010 men's and women's cross country teams opened the season among friends Saturday at Lindenwood Park in Fargo.

For the second straight year, MSUM has tailored an event to bring back some of its former cross country team members. After one week of practice, The Alumni Meet is meant to bring people together and get in some times to build off of.

"We don't put a lot of stock in the times," assistant coach Cley Twigg said. "(This event) is a gage of fitness level to see where we are at."

The Alumni Meet is the closest the team will come to hosting a home meet.

"All of my years we have had the Bison Meet which is close to home," senior Anna VanWechel said. "It is hard to put on home meets; I don't mind a ton. It would be nice to have the school come out and support us."

The Dragons will not run in the Bison Invitational this year.

This event also brought back an MSUM Hall of Fame member. David Sederquist, 1983 alum, was named to the Dragons hall of fame in 2001.

He had a remarkable career in cross country and track at MSU Moorhead. He was elected track captain in 1982 and was voted the Dragons' Outstanding Trackman. He also claimed NAIA All-American honors with a third place finish in the mile at the 1982 NAIA Indoor, and fifth in the 5000 meters at the NAIA Outdoor.



Chris Franz / Photo Editor

Senior Anna VanWechel finished first at the Alumni Cross Country Meet Saturday in Lindenwood Park, Fargo.

"I was fortunate enough to run in some national meets and place well," Sederquist said. "It was part of a big tradition back in the late 70s and early 80s."

The Sederquists have a long history in cross country and track at MSUM. Jane Sederquist, David's wife who also ran in the Alumni Meet, participated in cross country and track before graduating from MSUM in 1984. They also have a son, Dan Sederquist, who is a freshman on the team now.

"It's weird to have another Sederquist in the locker room there and running for the big red machine," Sederquist said.

The Dragons are lacking veterans on the team with

only five seniors this year, three on the women's team and two on the men's.

"We lost a lot of people," VanWechel said. "We are just going to work on everyone running as a group. It is going to be a fresh start for us."

With many new members on the team, it is going to be the adjustment in lifestyle that is important.

"Everything you do throughout the day impacts how you're going to race," senior Erik Hanson said. "The sleep you get, how well you're taking care of studies and how you're eating. It is really important to live a holistic cross country life style."

A fun guest at the race was athletic director Doug Peters who came out and ran the 5k along side the men's team and alumni.

"Anytime your athletic director comes out and supports you, it is absolutely phenomenal," Twigg said. "I can't thank him enough."

The first regular season meet for both the men and women is Sept. 11, at the St. Johns Invitational in Colledgeville, Minn.

Smith can be reached at smithmi@mnstate.edu

Whats coming up next for Dragons sports

3 Friday

Women's Volleyball vs. Regis (Colo.) at 11 a.m.

Women's Volleyball vs. Mesa State (Colo.) at 5:30 pm.

Both part of the Oredigger Volleyball Classic Tournament in Golden, Colo.

4 Saturday

Women's Volleyball vs. Fort Lewis (Colo.) at 10 a.m.

Women's Volleyball vs. Colorado School on Mines at 2 p.m.

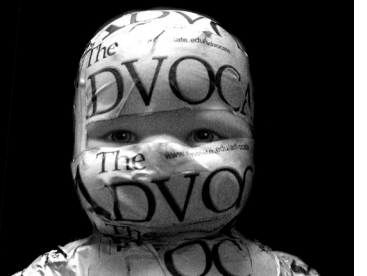
Women's Soccer season opener at home vs. Viterbo University (Wis.) at 1 p.m.

5 Sunday

Women's Soccer at home vs. Minot State University at 1 p.m.

Schedule courtesy of MSUM Athletic Media Relations

Advo Sports



Sports recap

- Who ► MSUM (0-1) at Missouri Southern State (1-0)
- what ► Football season opener
- where ► Joplin, Mo.
- When ► Thursday, Aug. 26, 2010
- Result ► 30-0 loss

Player stats

Quarterback

Kevin Koch (starter) threw for 82 yards on 14-28 passing, with two interceptions in his first start for The Dragons.

Running back

E'boni Lucious-West rushed for 73 yards on 16 carries.

The Dragons are off this weekend and return to action against Winona State on Sept 11 at 1 p.m.

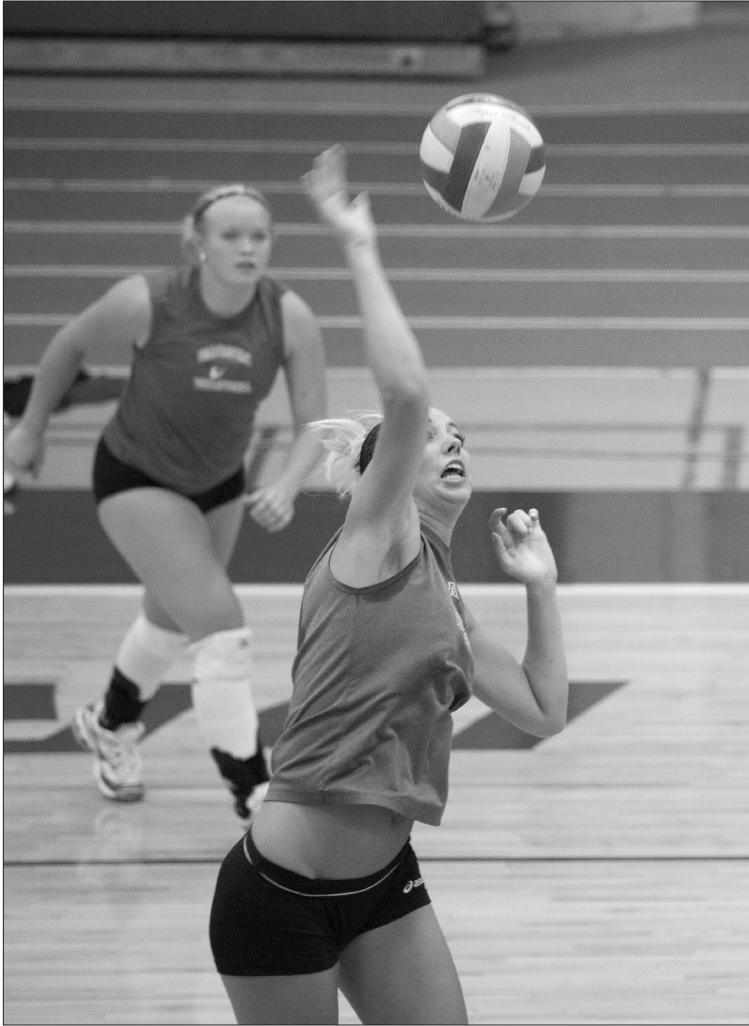
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Chris Franz / Photo Editor

Kayla Handevidt spikes the ball during a scrimmage on Tuesday.

Volleyball opens campaign at tourney

BY GRANT NELSON
Staff writer

Head volleyball coach Tammy Blake-Kath hopes to get a better feel about how good her team is after they open up the season Sept. 3, at the Oredigger Volleyball Classic in Golden, Colo.

"It is hard to tell how far along our team is until we get the chance to actually play some games," Blake-Kath said. "(The tournament is) a good opportunity to play against some regional opponents and it is good competition. We don't get to see teams from Colorado that often."

After finishing last season with a 21-12 record and a sixth place finish in a conference with powerhouse Concordia-St. Paul, The Dragons have reasons to be optimistic about the upcoming season.

The Dragons will be bolstered by the return of nine players from last year.

"Part of our success will be the leadership of the senior class," Blake-Kath said.

The team has big plans for the group of freshman recruits to come in and contribute right away.

"As our younger players grow and get better, the team will also," Blake-Kath said.

Senior Laura Trvdik said the team has looked good in practice and they have worked hard in the off-season with their strength and speed coach.

"We have a lot of good team chemistry, were strong in a lot of areas, but we still have building left to do," Trvdik said.

In order for the Dragons to accomplish the team goals, they will have to lean heavily on the team's three seniors for leadership.

When the Dragons are finished up in Colorado they come back to Moorhead to compete in the Dragons Classic Volleyball Tournament on Sept. 9, before starting conference play. Blake-Kath wanted to remind the fans to get out and support the Dragons Volleyball team. "We'd like to see lots of people at the games, we love our fans and how they give us an energy boost," she said.

Nelson can be reached at nelsongr@mnstate.edu

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The Hub Outdoors

Friday, September 10
Tapes 'N Tapes
9PM Show • Ages 21+
The Aquarium

Thursday, September 16
Hayes Carll
9PM Show • Ages 21+
The Aquarium

Saturday, September 18
Big Gigantic with Sovereign Sect
9PM Show • Ages 18+
The Venue @ The Hub

Sunday, September 19
Railroad Earth
8PM Show • All Ages
The Venue @ The Hub

Tuesday, September 21
George Winston
7:30PM Show • All Ages
Fargo Theatre

Thursday, September 23
Kottonmouth Kings
6PM Show • All Ages
The Venue @ The Hub

Thursday, September 23
Keller Williams
7:30PM Show • All Ages
Fargo Theatre

Wednesday, September 29
Clutch
9PM Show • Ages 21+
The Venue @ The Hub

Friday, October 1
10,000 Days & Guerilla Radio
10PM Show • Ages 21+
The Venue @ The Hub

Sunday, October 3
Rockstar Energy Drink UPROAR Festival
5PM Doors • All Ages
Fargodome

Friday, October 8
Trampled By Turtles
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The Venue @ The Hub

Tuesday, October 12
Coheed and Cambria
8PM Show • All Ages
The Venue @ The Hub

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WOOKIEFOOT & THE BIG WU • Sunday, October 31 • Ages 21+ • The Venue
3OH!3 & HELLOGOODBYE • Saturday, November 6 • All Ages • The Venue
JEFF DANIELS • Tuesday, November 9 • All Ages • Fargo Theatre
GALLAGHER • Friday, November 12 • Ages 21+ • The Venue
PERT' NEAR SANDSTONE • Friday, November 19 • Ages 21+ • The Aquarium
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Wellness Center abuzz with new energy, classes, equipment



Ben Green/The Advocate

Nate Arneson works at the rock wall in the Wellness Center and teaches freshman Zach Page some of the basics of rock climbing.

BY CRYSTAL SMITH
Staff Writer

Changes are happening all around MSUM, and the Wellness Center has a few of its own.

Steven Guilfoile is an MSUM grad and current marketing administrator and coordinator of special programs and fitness. He has worked in the Wellness Center for three years. He says he has noticed a renewed enthusiasm that the new, large crop of freshman brought with them.

"I like all the energy coming in, and I am excited for it," Guilfoile said.

Besides having new equipment, a running track, and generous space for physical activities, the Wellness Center is also offering many new programs and classes to the students of MSUM.

Once such program, the Resident Hall Challenge, had its kick-off last year. This is a competition in which each dorm comprises a team and earns points by doing different activities. For example, every time a student signs in at the front desk, a point is earned. Or, if a student plays the Nintendo Wii in the lobby, three points are earned.

The dorm with the most points by Dec. 5 will win a free party for the entire dorm. Last year,

the students in the Snarr Complex won and went to Buffalo Wild Wings. Weekly point totals will be displayed inside the Wellness Center, and also on the Wellness Center website: <http://www.mnstate.edu/wellness/>, and "MSUM Wellness" on Facebook and Twitter keyword search.

You can find a complete listing of the available classes on the website as given above, and also at the front desk of the Wellness Center. One of the highlighted classes is called Body Pump. This class, which is specially provided through the Les Mills company from outside MSUM, is a body-building class, but it must be noted that it is very different from upstairs lifting.

There are different reps, or number of movement actions, involved. It is a challenge to find the number of reps where the body can just barely complete the set but is still able to finish.

Guilfoile described it as "one song per body part," meaning that every body part works differently and sings a different song. One just has to learn how to sing it, and this class will show the interested student just how that may be done.

Another offered class is cycling. A unique new competition is being offered in con-

junction with this class. It is called the 1000 Mile Challenge. Extending from Sept. 7 through April 1, this competition will involve keeping track of how many miles are pedaled during the class, and after completing certain distances, the coordinating prize will be awarded.

It is free to sign up. Check out the posters for this competition, and sign up at the front desk of the Wellness Center to get involved in this positive new experience.

Classes begin on Sept. 7, and if interested, call ahead to reserve a spot in class 218.477.4300, or come in and sign up ahead of time at the front desk.

The Wellness Center is also currently hiring Certified Personal Trainers. An application can be picked up at the front desk or contact Steve at guilfoist@mnstate.edu.

The Wellness Center has a large variety of classes and opportunities in which students may participate. Whether one's interests lie in dance, cycling, lifting, or running, the Wellness Center has options for many different styles of fitness.

Smith can be reached at smithcr@mnstate.edu

Campus installs new signs

BY LAURELLEE LOFTSGARD
Staff Writer

The new semester has brought a few new changes along with it, one of them being the new signs that have been posted around campus.

These signs are mainly going into the parking lots letting students and the public know helpful information such as where you're at, what parking lot you're entering, and what lots are being monitored while driving around MSUM.

The Director of Public Safety

at MSUM, Mitch Osland, says, "The main reason was to update the look of campus and make it more appealing to the public, students and potential students."

Another project they're working on is putting up new way-finding signs to point visitors in the right direction toward the admissions office, Nemzek, administration, and many other areas on the college grounds.

So, keep your eyes open for these new updates, you may find all the information you need right in front of you.

Loftsgard can be reached at loftsgla@mnstate.edu



Michael Readell/The Advocate

Student Tiffany Berube walks past one of MSUM's new signs put up over the summer.

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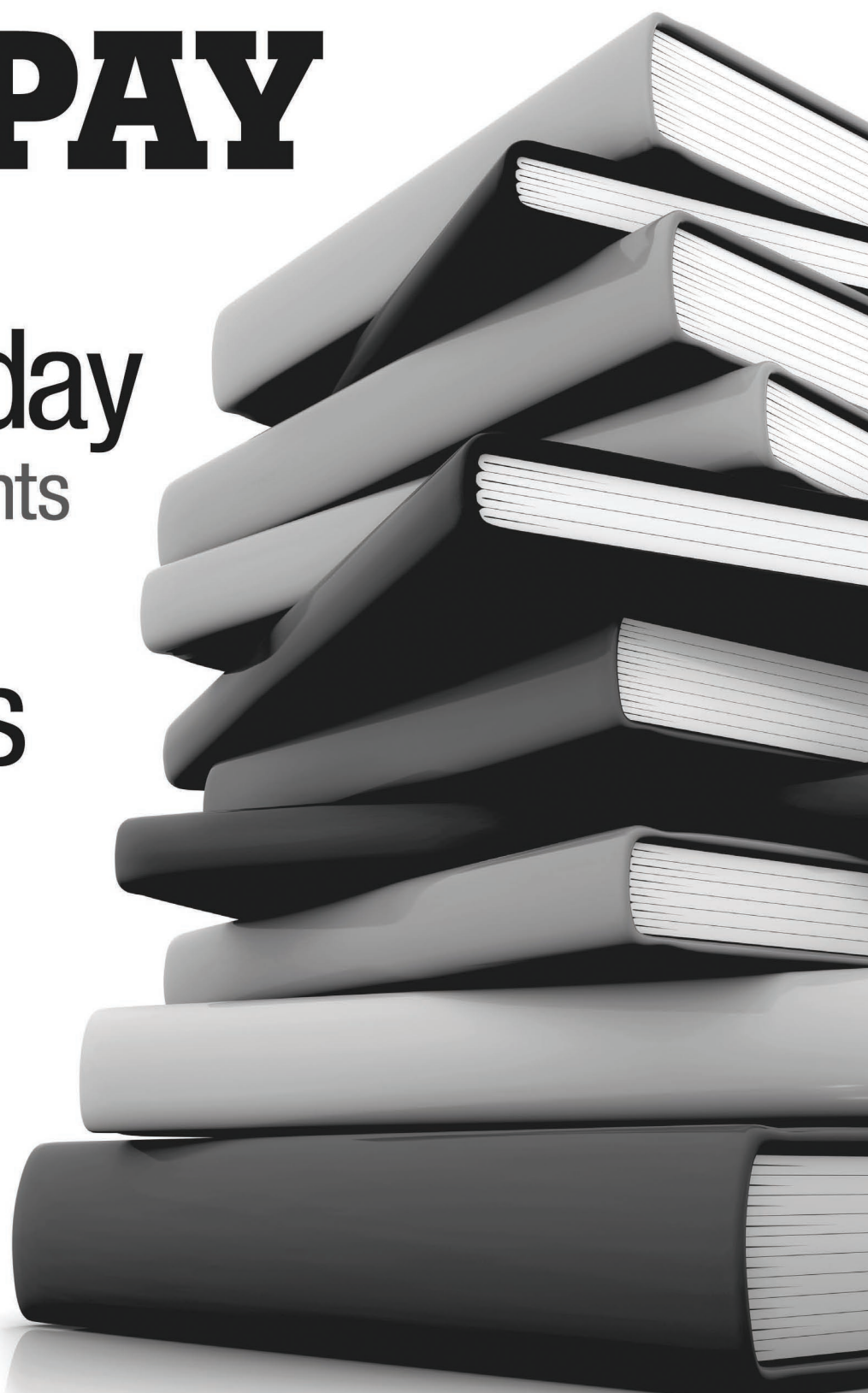
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Holmquist presents challenge

it would, out of necessity, have to serve its initial purpose and house students. This was on top of its function of providing professors with an address as well.

Prior to their arrival, all parties believed that the students' 24-hour presence there could be a short-term situation depending on how many individuals actually showed up to move-in day with futons, fans and family in tow.

"Housing is sort of an art and a science, you do a lot of projecting," said Phillips. "But you don't know for sure how many you're going to get until you get them. We didn't know that we would have over 100 students living there, so we originally thought that it would be kind of temporary or overflow housing and that we would move students into other assignments, as we always get a few students who end up not coming or make other choices at the last minute."

But on the second day of classes, Holmquist residents were notified that, "due to the number of students living in the hall and the community that has already started forming," the decision was made that it would remain their home through the end of the school year.

"Some institutions aren't

as fortunate to have additional spaces and have to put students in lounges and contract with hotels and set up van and bus systems," Phillips said. "As faculty move back into Lommen, it would mean that we would have more spaces to accommodate students if we needed to."

Until they can return to updated offices with fresh paint and new carpet next spring, professors have had to adjust to being in close quarters with students.

Professor of elementary and early education, Mary Dosch, said that the adjustment has been relatively easy.

"Initially when we found out that there would be students back in Holmquist I thought, 'I didn't think people could live in Holmquist anymore,'" Dosch said. "So I was kind of surprised. But I also thought that it would be fine."

"The only other thing I was a little bit concerned about was when I came in the first day, it was crazy weather outside and then I walked through the door. I had heard thunder and lightning outside and it was just as loud in here because all the students were moving in," Dosch said. "Since then it's been fine. I think that the students see this as their

place and they should. It's been fine and it's fun to see students' faces."

Holmquist residents Andrea Accola, Sandra Dehnbostel and Joe Kovacs agreed that the coexistence has been without drama.

"I thought it would be a little bit weird to live with my professors," Accola said, "but it turned out to be ok and it's funny and cool when I get to say hi to them when they're walking out of the building right next to me."

Though the three also agreed there are some things about the arrangement that aren't ideal, like the lack of stoves or water fountains.

"It kind of stinks that we have to go upstairs as guys to use the bathroom because there's only one on this floor and it's for the girls," Kovacs said.

According to Phillips, the construction of a new residence hall is not a financially feasible option at this time, so housing will continue to focus on renovating existing facilities.

"We appreciate everyone's willingness to share space," Phillips said.

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New dean takes over

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Gorsline isn't the only one excited about her new position. Dr. Annette Morrow, Director of the Honors Program, is very happy for her. Morrow and Gorsline have worked together in the Honors Program for the past three years, and she is glad that someone who understands the needs of the Honors Program is dean.

"I really like her enthusiasm for the university and the students and in general," Morrow said. "Collaboration is really important to her and really important to me."

Dean of Arts and Humanities, Tim Borchers, is also pleased with Gorsline's appointment. Gorsline and

Borchers have worked together in the communications department, and Gorsline was the chair of communication studies for the past few years while Borchers has been dean.

As another dean, he will be working a lot with Gorsline on the Dragon Core classes, discussing issues such as how many are needed and how many professors are needed.

"I was excited to be able to work with her," Borchers said.

While she misses the opportunity to teach this year, Gorsline is looking forward to serving the students as a dean and doing all that she can to help them in their studies. "I feel very fortunate to be given this opportunity."

Student Loans

Continued from Front Page

students to be informed about their loans and for them to know about interest rates," Glass said. "The new process shows students right up front 'What is this going to cost me?'"

While Glass says the Bank of North Dakota isn't thrilled about the changes because it's added a ton of work and it's new, she says they're motivated because it's a good thing for student to be educated about their loans.

"Customers are making informed decisions and choosing the loan that's best for them," Glass said.

Glass also says the process for taking out private loans shouldn't take very long as long as students are paying attention and getting all their paperwork into the lender in time.

"Pay attention to your mail," Glass says.

If a student is on top of signing their disclosures and sends them in right away, Glass says the information is entered in once the disclosures arrive and the three-day rescission period begins. In this case, the lender can disburse loans seven to ten days after the student returns all disclosures.

Glass said the Bank of North Dakota is working to put their disclosures online to make the process easier, but they didn't have much time to plan from the time the changes were implemented until now. She says the changes and all the paperwork and the lengthy process become pointless if the student doesn't do the work they need to do.

At the end of the day, it is now the student's job to be responsible and on top of their loans. Where it was easy to blame the lender or the school for untimely processing, after the passing of the reform act, it all rests in the student's hands.

For more information about student loans, visit www.studentloans.gov.

Brickweg can be reached at brickwegbr@mnstate.edu.

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